



Virtual Care

Virtual care that's always there

With **Virtual Care** by Teladoc Health®, you and everyone on your plan can have 24/7 virtual urgent care.

Virtual 24/7 care: For minor illnesses and injuries, talk with U.S. board-certified doctors 24/7. You don't need an appointment.

Virtual mental health: To meet your mental health needs, choose from licensed therapists and U.S. board-certified psychiatrists. Available by appointment, including nights and weekends.



**READY
TO HELP**



SIGN UP NOW



Visit bcbsm.com/virtualcare for a link to download the Teladoc Health app.

When you update or create your account, choose your plan name and enter your member ID so your coverage is applied correctly. If you have questions about your account, call **1-855-838-6628**.

All Virtual Care services from Teladoc Health are separate from virtual care other providers may offer. Remember to follow up with your primary care provider. Your plan may have copayments, deductibles and out-of-pocket costs.



Teladoc Health® is an independent company that provides Virtual Care Solutions for Blue Cross Blue Shield of Michigan and Blue Care Network.

Blue Cross Blue Shield of Michigan and Blue Care Network are nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association.