

# COVID-19 Advance Care Planning (ACP) Educational Materials & Resources



**Audience:** Ambulatory, Acute and Post-Acute Clinical Care Teams

**Revision Date:** 4/12/2020

**Version:** Version #2

<b>Purpose:</b>	<ul style="list-style-type: none"> <li>Provide clinical care teams with COVID-19 ACP evidence-based educational resources to support clinicians during the COVID-19 pandemic focusing on proactive and crisis ACP dialogue for both face-to-face and telehealth services.</li> </ul>
<b>Audience:</b>	<ul style="list-style-type: none"> <li>Physicians, Advanced Practitioners, Registered Nurses, Social Workers, Palliative Care Providers, and care teams in the acute, ambulatory, and post-acute settings.</li> </ul>

Resource	Descriptions	Links
Respecting Choices ( <i>What matters most to you, matters to us</i> )	<ul style="list-style-type: none"> <li>Proactive ACP for clinicians to have conversations with individuals that are high risk for COVID complications</li> </ul>	<a href="https://respectingchoices.org/wp-content/uploads/2020/03/Proactive_Care_Planning_Conversation_COVID-19.pdf">https://respectingchoices.org/wp-content/uploads/2020/03/Proactive_Care_Planning_Conversation_COVID-19.pdf</a>
	<ul style="list-style-type: none"> <li>Specific Treatment Decision Aids – Help with Breathing &amp; CPR</li> </ul>	<a href="https://respectingchoices.org/wp-content/uploads/2020/03/Decision_Aid_Help_with_Breathing.pdf">https://respectingchoices.org/wp-content/uploads/2020/03/Decision_Aid_Help_with_Breathing.pdf</a> <a href="https://respectingchoices.org/wp-content/uploads/2020/03/Decision_Aid_CPR.pdf">https://respectingchoices.org/wp-content/uploads/2020/03/Decision_Aid_CPR.pdf</a>
Center to Advance Palliative Care (CAPC)	<ul style="list-style-type: none"> <li>Symptom Management Protocols</li> <li>Planning steps for patients and families during the COVID-19 crisis</li> </ul>	<a href="https://www.capc.org/toolkits/covid-19-response-resources">https://www.capc.org/toolkits/covid-19-response-resources</a> Symptom management protocols <ul style="list-style-type: none"> <li>Pocket Card: COVID Symptom Management and Key Communication Phrases</li> </ul> Patient and Family Support Resources <ul style="list-style-type: none"> <li>Planning Steps for Patients and Families During the COVID-19 Crises</li> </ul>
	<ul style="list-style-type: none"> <li>Setting Specific Guidance-Advance Care Planning During a Crisis: Key Information for Nursing Facility Staff (webinar)</li> </ul>	<ul style="list-style-type: none"> <li><a href="https://www.youtube.com/watch?v=F_cS89aa0DE&amp;feature=youtu.be">https://www.youtube.com/watch?v=F_cS89aa0DE&amp;feature=youtu.be</a> (webinar-12 min)</li> </ul>
	<ul style="list-style-type: none"> <li>Daily updates to resources listed here.</li> </ul>	<ul style="list-style-type: none"> <li><a href="https://www.capc.org/blog/updates-capc-covid19-response-resources/">https://www.capc.org/blog/updates-capc-covid19-response-resources/</a></li> </ul>
Vital Talk	<ul style="list-style-type: none"> <li>COVID Ready Communication Playbook. Crisis tips are marked [C]</li> </ul>	<ul style="list-style-type: none"> <li><a href="https://www.vitaltalk.org/guides/covid-19-communication-skills/">https://www.vitaltalk.org/guides/covid-19-communication-skills/</a></li> <li>Vital Talk application</li> </ul>

Prepare for Your Care	<ul style="list-style-type: none"> <li>Step-by-step program for patients with videos. Used in several studies with the VA.</li> </ul>	<ul style="list-style-type: none"> <li><a href="https://prepareforyourcare.org/welcome">https://prepareforyourcare.org/welcome</a></li> </ul>
R.E.D.E. to Communicate: Advance Care Planning	<ul style="list-style-type: none"> <li>Cleveland Clinic-Relationship, Establishment, Development, and Engagement (1 AMA credit) Free offering at this time. ~90 minutes</li> </ul>	<ul style="list-style-type: none"> <li><a href="https://my.clevelandclinic.org/departments/patient-experience/depts/experience-partners/elearning-courses/rede-to-communicate-advance-care-planning">https://my.clevelandclinic.org/departments/patient-experience/depts/experience-partners/elearning-courses/rede-to-communicate-advance-care-planning</a></li> </ul>
Informed Assent	<ul style="list-style-type: none"> <li>Engaging in advance care planning discussion and goals of care.</li> </ul>	<ul style="list-style-type: none"> <li><a href="http://www.trinity-health.org/workfiles/covid-19/jama-informed-consent.pdf">http://www.trinity-health.org/workfiles/covid-19/jama-informed-consent.pdf</a></li> </ul>
State Specific Forms	<ul style="list-style-type: none"> <li>Advance directives for all 50 states</li> </ul>	<ul style="list-style-type: none"> <li><a href="https://www.nhpco.org/patients-and-caregivers/advance-care-planning/advance-directives/downloading-your-states-advance-directive">https://www.nhpco.org/patients-and-caregivers/advance-care-planning/advance-directives/downloading-your-states-advance-directive</a></li> </ul>
Physician Orders for Life-Sustaining Treatment (POLST)	<ul style="list-style-type: none"> <li>Medical orders that follow the patient. For patients that are seriously ill or have advanced frailty</li> <li>State programs</li> </ul>	<ul style="list-style-type: none"> <li><a href="https://polst.org/covid/">https://polst.org/covid/</a></li> <li><a href="https://polst.org/programs-in-your-state/">https://polst.org/programs-in-your-state/</a></li> </ul>