Need Help with Decisions about Schooling and Child Care? *Carebridge can help.*



COVID-19 has made decisions about school and childcare challenging. As parents encounter the new school year, they face new questions and concerns.

Our Child Care Specialists can work with you to find options in your community. Our experts will listen to your priorities and help you to identify solutions that best meet your family's needs and your financial budget.

Carebridge Services are available to covered employees and their families at no cost. Contact Carebridge at **800.437.0911** or *clientservice@carebridge.com*, 24 hours a day, 7 days a week. Visit *myliferesource.com* for additional information. All services are confidential.



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