CORONAVIRUS DISEASE 2019 (COVID-19)

Template Letter to Pregnant Patients Encouraging COVID-19 Vaccination



Audience: Providers and Clinicians

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Dear <Patient Name>,

We are writing today to keep you informed with the latest information about the COVID-19 vaccine and recommendations for those who are pregnant, have recently been pregnant, are breast-feeding or are trying to conceive.

Data from thousands of pregnant women, breast-feeding women and women who became pregnant after vaccination confirms that the COVID-19 vaccine is **safe** and **effective** before, during and after pregnancy. The Centers for Disease Control and Prevention (CDC) V-Safe data shows no increase in adverse outcomes in pregnant women who receive the COVID-19 vaccine. There is also no evidence linking vaccines to infertility.

The risks of COVID-19 infection outweigh any known or potential risks of vaccination while pregnant or trying to conceive. In fact, the CDC recently issued a health alert recommending those who are pregnant, recently gave birth, are breast-feeding, or trying to become pregnant receive a COVID-19 vaccine as soon as possible.

COVID-19 infection in pregnancy:

- Increases the risk of preterm birth
- Increases the risk of baby being admitted to the **Neonatal Intensive Care Unit (NICU)**
- Increases the risk of stillbirth
- 97% of pregnant women hospitalized with COVID-19 are unvaccinated

Pregnant women who are unvaccinated:

- Are 60% more likely to go into preterm labor
- Have a 70% increased risk of death from COVID-19 illness
- Three times as likely to be admitted to the ICU

Getting vaccinated while pregnant may also help protect your baby against COVID-19. Antibodies in vaccinated (with mRNA vaccines) pregnant persons have been found in their newborns, which helps protect the baby.

We strongly encourage you to protect yourself and your baby by getting vaccinated against COVID-19 as soon as possible.

Sincerely,

<Physician Name>

More Information

- COVID-19 Vaccination & Pregnancy: <u>https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html</u>
- COVID-19 Vaccination Considerations for Obstetric–Gynecologic Care American Colleague of Obstetricians and Gynecologist: <u>https://www.acog.org/clinical/clinical-guidance/practice-advisory/articles/2020/12/covid-19-vaccination-considerations-for-obstetric-gynecologic-care</u>

