

CORONAVIRUS DISEASE 2019 (COVID-19)

Safety Guidance for Colleague Personal Travel



Audience: All Colleagues

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COVID-19 Response Team Owner: Planning

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What's changed: Added the latest CDC travel guidance.

Trinity Health colleagues should follow CDC travel guidance: [Travel During COVID-19 | CDC](#), summarized as follows:

- **Domestic travel:** The CDC recommends you delay travel within the U.S. and stay home to protect yourself and others from COVID-19 until you are fully vaccinated against COVID-19 prior to travel. Fully vaccinated = 2 weeks after the second shot for a 2-dose vaccine or 2 weeks after the first shot for a 1-dose vaccine. The CDC also recommends staying up to date with vaccinations, including receiving the booster for optimal protection. Follow the latest guidance from the CDC on [domestic travel during COVID-19](#).
- **International travel:** Follow the latest CDC guidance on [international travel during COVID-19](#).

Guidance for before, during and after your personal travel trip

Reminders for all trips for fully vaccinated and not fully vaccinated people:

- Follow all [CDC safe travel guidance](#)
- Do NOT travel if you were [exposed to COVID-19](#), [you are sick](#), [you test positive for COVID-19](#), or you are waiting for results of a COVID-19 test. Don't travel with someone who is sick.
- **You are responsible for being aware of the personal, public or civil ramifications of your travel and for determining any state, local and territorial quarantine requirements:** [CDC: State & Territorial Health Department Websites](#).
- **Fully vaccinated and not fully vaccinated colleagues are responsible for following all local and state executive orders on quarantine requirements.**
- If you are at higher risk for severe illness, reconsider the need to travel during this timeframe and/or take extra precautions.
- Always keep an emergency contact list on you during the trip, should you become ill or need assistance.
- Bring enough of your medicine and enough hand sanitizer to last your entire trip.
- Consider packing non-perishable foods and water to minimize the need to venture into restaurants or stores.
- During the trip, follow all CDC safety guidance with masking, physical distancing and hand hygiene diligence, and avoid activity in crowded restaurants, beaches and other entertainment venues, as they all pose a transmission risk.

More Information

We are asking that you share your travel plans with your manager in advance so that your manager will be able to assist you in planning, monitoring your symptoms and ensuring we have enough staffing for patient and resident care.

Please also share if you will need to include any additional days off following your return for quarantine, if required by CDC guidance or executive order. You do not need to share any other details. If you currently work remotely fully, you will be able to work remotely during the quarantine period, so manager notification of personal travel is not requested.

Related Information

[OSHA Healthcare Emergency Temporary Standard Updates](#) – includes COVID-19 Paid Leave information.

Questions

Please contact your manager.