

Coronavirus (COVID-19) vs. Cold & Flu

WHAT SHOULD I DO IF I HAVE SYMPTOMS?



COVID-19

COVID-19 presents with a wide range of symptoms that range from mild to severe. Symptoms may appear 2–14 days after exposure to the virus. People with these symptoms may have COVID-19.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning to you.



What to do



COVID-19

When to Seek Medical Attention

If you have any of these **emergency warning signs*** for COVID-19 **get medical attention immediately:**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

Call 911 if you have a medical emergency: Notify the operator that you have, or think you might have, COVID-19. If possible, put on a cloth face covering before medical help arrives.

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning to you.



Cold

- Sore throat
- Runny nose
- Cough
- Sneezing
- Headaches
- Body aches



What to do



Cold & Flu



- Fever or chills
- Cough
- Sore throat
- Runny or stuffy nose
- Body aches
- Headaches
- Tiredness
- Vomiting and diarrhea



If you think you have a cold or the flu, stay home and call your health care provider.