Making Connections and Solving Challenges

1: Engaging Priority Population

- Questions What is looks like, how, and why maintains?
 - Priority group Youth
 - System has failed this group; populations that are of most need; how would we get there – by being present in the community allowing them to see you be consistent
 - Understanding norms + culture; adapt and adjust as required. Ensure it is time appropriate!
 - o Listen, learn, educate, remove barriers. Know your resources.
 - Getting folks involves is grassroots approach; ground level engagement; root cause analysis with residents; Meet residents where they are at
 - o Common language make it plain! (i.e. speak the populations language)
 - Tools for communication Al, phone, survey
 - Value everyone's opinion
 - o Priority population = most impacted by system failures and disparate policies
 - Homeless, underhoused residents, communities of color with English language barriers, income challenge
 - Most impacted solutions to sustain; trusted community partners and ally; communicate effectively
 - o Trust building exercises ensure there is a community trusted ally
 - o Cater to individual needs (ex: education on tech)
- Most impactful solutions
 - Common language (no acronyms)
 - o Trusted community partner
 - Communicate effectively

2: Engaging Youth in Adult Spaces

- Removing barriers that prevent equal access to professional opportunities
- IRB's for youth
- Provide stipends
- You need to ask the youth, be intentional in centering their voices
- Learn their identity to match their reality
- Creating more opportunity that DON'T include Dr/RN
- Ask them what's needed to be successful
- Peer-to-peer mentoring
- Adult role modeling
- Level of ownership of youth to lead/co-facilitate
- Take time to explain why you're doing things be a model of what you expect for youth
- Speaking their language

- Making the youth feel that their voices count
- Give them a purpose and goal
- Clear communication of expectations
- Modeling from adults, adults who have a negative attitude that children observe
- Peer-to-peer mentoring through the years social interactions
- Set expectations
- Create a brave space
- Provide transportation
- Make sure they know they are subject matter experts and trusted
- Find funding to support the infrastructure to support youth
- What do you need/what do you want to gain
- What do you want to gain from your participation?
- How to find or engage the kids that aren't always asked to participant
- Expansive mentoring programs

3: Leading Local Evaluation

- 1. How do evaluators remain respectful of stakeholders' time in data collection?
 - a. GHPC share interview guides with local evaluators / vice versa
 - b. Conduct cyclical basis
 - c. Repository of questions (res/eval) treasure
 - d. Do interviews together
 - e. Share interview data (required IRB approval)
- 2. Adapting databases for sustained use?
- 3. Succession planning in data planning
- 4. How do you share results to different audiences?
- 5. How do you meaningfully measure racial equity?
- 6. How to get people to participate:
 - a. Incentives
 - b. Help co-develop
- 7. How are you transitioning your tools to meet new capacities?
 - a. Flexible data system
 - b. Determine what is base level of data needed to track overtime

4: Local Policy Changes

- Questions:
 - o How do I engage local policy makers and bring them to community?
 - Are locals engaged in our work? How can they present visible? Heavy from youth?
 - How do we ensure policy makers and community members know our story?

- Need to groom future leaders to sit in these seats
- Hold policy makers accountable
- Solutions:
 - Get people to tell their story
 - Celebrate wins (even small)
 - Meet people where they are at (incentivize)
 - o Email ask, push
 - o Use contact within/allied partners and community anchors
 - Town halls
 - o Celebrate
- Pandemic regulation changes are challenging how to build on this?
- What do we so in this political moment? How to build an alternate system?
- Gaps between local policy systems and the next level. How to decide local policy change when empowerment for local contention disagreements
 - o Local change vs world change vs state
- Backdoor conversations what can we still do?
 - o Relationship maintenance and communication policy

5: How to increase community engagement to drive State policy change?

Wilmington: 4 sessions – training the community

Conn: Connecting the dots...how this involves you making it real with real life examples

Getting beyond fear/intimidations

Supports may be available: civic association, lobbyists, lawyers

Need "buy-in" – if aren't enough people who concur, will be challenged to continue and make change

Editing "you voice matters"

Valuing the voices....\$\$\$

Amplify existing CBO's work and trust they've built with the community

Assess and partner with faith community

6: How do we manage "burnout" with the responsibility of multiple hats?

Staff/volunteers

- Trauma debrief
- Exercise even just going for a walk
- Allow for mental health days encourage these

Self

- Create a list with the smallest task
- Creating "small" wave
- Self-care
- Venting sessions with someone who is not involved
- Letting yourself NOT be okay feels your feels
- Exercise just going for a walk
- Boundaries: prioritize
- Model health communication
- Recognize your limitations and accept it give you best
- "Intramural spaces"
- Ask people "how can I help" vs feeling a sense of ownership of an issue/problem
- Get a therapist
- Creating non-negotiables

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Both

- Encourage to take time off
- Grounding
- Mental health days staycation/vacation

7: Managing Meeting Conflict

What are the challenges in meeting conflict?

- Culture
- Trauma
- Power dynamics
- Miscommunication
- Personality
- Communication styles
- Age

How to bring the temperature down

- If insulting bring it down
- If it's productive let it go
- Establish community agreements
- Reestablish community norms
- Be willing to ask someone to exit

What are the suggested Best Practices?

- Strong facilitator
- Establishing community agreements
- Make a brave space
 - Agree to disagree
 - Be okay with not having closure
- Move forward

How to avoid meeting conflict?

- Point of conflict or walking into conflict
 - Level setting (rules of engagement, community agreements)
 - o Understanding of table topics to temperaments
 - Meeting mitigation
 - Personality management
 - Temp checks
 - o Intent vs Impact
- Redefining conflict
 - Just because it's different doesn't make it wrong
 - Normalizing healthy conflict
 - o "Remove ego: make empathy"
- How do you manage relationships? When everyone needs to feel heard?
 - Voicing without punitive actions
 - o Get comfortable with being uncomfortable
 - o "We used to do it this way" mentality

8: Maintaining Collaborative

- How do you ensure shared accountability and how will you maintain the work post grant period?
 - Focus is on sustainability which looks post-grant period; create buy-in by tailoring plan to collaborative goals; based on CHNA
 - Focuses on private sector to identify post-grant period support to begin long-term support now
 - Clear and concise communication to ensure shared understanding on verbiage;
 new project from CHNA; ensure initiative mirrors community needs
 - o Empowering residents to be leaders in the space
 - o Develop consistency and buy-in by developing program together
 - o Maintain communication to ensure we all move in the same direction
 - Create surveys for community to be shares with partners

[&]quot;It's not all about you"

- o Important to have leaders that reflect the community we are serving
- How have you included partners, ensuring shared accountability and how will you maintain the work post grant period?
 - Weekly meetings for design team: funder, funding CBOs, lead CBOs, and local evaluator
 - Lift pre-existing work and check progress
 - o Administrative support, comprehensive overhead support
 - Weekly or biweekly steering committee: should include foundation, lead CBO, TA, evaluator, and 2 hospital community organizers; Biweekly: should include hospital, lead CBO, and resident advisor; Biweekly steering committee with lead CBO, RHM lead, local evaluator
 - Use cap items as a guide but actively morph project to be active, diverse, equitable resident advisory; 200m stipend
 - o Creating bylaws that clearly layout structure and expectations
 - Trainings + and positive peer pressure
 - o Pre-existing collaborative of scho9ol based orgs; youth members; stipend
 - Asset mapping so that work outlives funding; large coalition of churches, CBOs, etc;
 TCI provided admin + overhand support; CAP has helped provide structure
 - Meet 5 times a year will people show up? Yes.
- Burning Qs
 - o Have you replaced anyone? Why?
 - o Will initiative end post funding?

9: Navigating Political Climate

How are we navigating this insanity?

Solution: Not closing doors or avenues of communication within those disagree with – How..?

Solution: Longevity; keeping everyone at the table; proactive instead of reactive – How...?

How do you stay engaged without wanting to participate in the pollical system?

How do you engage with people who are not interested in fact or even debating / open dialogue?

10: Orienting New Members

- How do we recruit?
- How do we keep new member support?
- How to define members?
 - Determine the group needs, develop community sectors to help identify those stakeholders and organizers that will help support the vision of the group (action team, advocate, orgs)

- Define the group structure and roles so that new members will fully understand the expectations.
- o Orientation
 - videos detailing history, values, vision
 - 1 on 1 with core team and lead CBO
 - Shared language and understanding
 - Developing a sense of belonging; very important to include new members
 - Develop communication tools that work for all
- Team charter (Live-able)
 - Who are those involved and roles
 - Outline the goals/values of both the community and group
- o Discuss Gaps
 - Helping new members feel connected
- Asset mapping