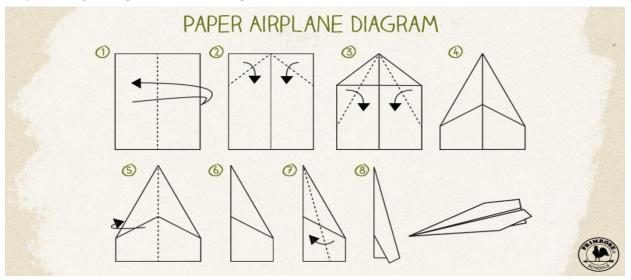
# Trinity Health **TCI Learning Institute**

### **Inclusion Activity**

#### **Flying Together for Transformation**

This activity is designed as an opening exercise to help you define your community, identify the barriers you face collectively, and explore how we can work together to find solutions to the challenges we are experiencing through our Transforming Communities Initiatives (TCI). (Duration: 45 Minutes)



#### ASSEMBYLING YOUR PAPER AIRPLANE

PART I

1. Fold the paper in half vertically.

(5 mins)

- 2. Unfold the paper and fold each of the top corners into the center line.
- 3. Fold the top edges into the center line.
- 4. 1.) Fold the wing on one side, matching the top edges up with the bottom edge of the body. 2.) Fold the wing on other side, matching the top edges up with the bottom edge of the body.
- 5. Fold the plane in half toward you.
- 6. Fold the second wing down on one side to meet the bottom edge.
- 7. Fold the second wing down on one side to meet the bottom edge.
- Fly, Modify, and Experiment.



## **Inclusion Activity**

	ACTIVITY DESCRIPTION
PART II (10 mins)	Once your airplane is complete, creatively decorate the exterior to reflect the community you serve, the organization you represent, or the work you do within TCI.
PART III	Small Group Discussion & Share Out
(15 mins)	<ul> <li>Why did you color your plane the way you did? What are your community's strengths and assets? What are the biggest challenges your collaborative faces?</li> </ul>
PART IV	On the blank area of your plane, write the most significant barrier experienced by 1.) your community and 2.) your collaborative.
(5 mins)	
PART V	After initialing the corner of your paper airplane, clear some space. On the count of three, throw your plane across the room. Ready - 321 Go!
(5 mins)	
PART VI	Closing
(5 mins)	- Choose a random airplane.
	<ul> <li>Review the descriptive characteristics of the airplanes and assess the challenges outlined. Retain these airplanes throughout the TCI Learning Institute. As you discover additional strategies and tools that may be helpful, propose solutions to assist the airplane owner in overcoming the identified barriers.</li> </ul>
Thursday (03.20.25)	*** At the end of the Learning Institute, please leave the completed planes in designated pick-up location for others to retrieve.

