General

What is the change and why is it happening?

Eligible colleagues will soon benefit from the Trinity Health colleague health plan’s partnership with Trinity Health Pharmacy Services (THPS). THPS will become the sole pharmacy for certain specialty medications covered by the colleague health plan where OptumRx is the pharmacy benefit manager, where licensure is available.

The colleague health plan will transition specialty medications to THPS over time, beginning in July 2021 with Humira® brand drugs for colleagues of the following Health Ministries:

Affected colleagues and their covered family members will receive transition details by mail. They can continue to fill prescriptions for their specialty medications at Trinity Health retail pharmacies (where available in their market) and the OptumRx specialty pharmacy until the partnership with THPS begins for their medications.

The following prescriptions will transition to be dispensed through THPS as the sole specialty pharmacy option.

- **Humira® Brand Specialty Medications**

These prescriptions will be required to be filled through Trinity Health Pharmacy Services (THPS) located in Ft. Wayne, IN. These medications will no longer be covered if filled through other pharmacies.

What Health Ministries are impacted and when will the change be effective?

**July 1, 2021 - Humira® only**

**February 1, 2022 – addition of Advate®, Dupixent®, Taltz®**

- Mount Carmel Health System, Ohio
- Saint Joseph Health System, Indiana

**September 1, 2021 - Humira® only**

**February 1, 2022 – addition of Advate®, Dupixent®, Taltz®**

- St. Peter’s Health Partners, New York
- St. Joseph’s Health, New York
- IHA, Michigan
- Mercy Health, Michigan
- St. Joseph Mercy Health System, Michigan

**February 1, 2022 – Advate®, Dupixent®, Humira®, Taltz®**

- Mount Carmel Health System, Ohio
- Saint Joseph Health System, Indiana
- St. Peter’s Health Partners, New York
- St. Joseph’s Health, New York
- IHA, Michigan
- Mercy Health, Michigan
- St. Joseph Mercy Health System, Michigan
- Pittsburgh Mercy
- Holy Cross Health, Maryland

PY2022: Phase 3
• St. Alphonsus Health System, Ore/Ida
• Holy Cross Health, Florida
• Loyola University Health System, Illinois
• St. Mary’s Health Care System, Georgia
• Mercy Health System (SEPA), Pennsylvania
• St. Mary Medical Center (Langhorne), Pennsylvania
• Saint Francis Healthcare (Wilmington), Delaware
• Saint Francis Hospital (Hartford), Connecticut
• Mercy Medical Center (Springfield), Massachusetts
• Johnson Memorial Hospital, Connecticut
• Saint Mary’s Hospital (Waterbury), Connecticut

**After the initial phases, additional markets and drugs will be evaluated for future transition and impacted members will be notified accordingly**

**What are specialty medications?**
Specialty medications treat chronic conditions such as cancer, multiple sclerosis, Crohn’s disease and rheumatoid arthritis. They can be an injectable, oral or inhaled medication with one or more of the following characteristics:
- May require ongoing clinical oversight and additional education for best management;
- May have unique storage or shipping requirements; and
- May not be available at retail pharmacies,

**How do I know if my medication is a specialty medication?**
Specialty medications are indicated with an “S” on the formulary listing. The latest formulary listing can be found at [https://hr4u.trinity-health.org](https://hr4u.trinity-health.org).

**Where can I fill my specialty medications?**
Humira will now be required to be filled with Trinity Health Pharmacy Services (THPS) out of Ft. Wayne, IN. All other specialty medications can continue to be filled at a Trinity Health Retail Pharmacy (if available in your market) or OptumRx Specialty Pharmacy. Over time, more medications will move to be required to fill at THPS

**If you participate in a Trinity Health medical and prescription drug plan where OptumRx is not the pharmacy benefit manager, please refer to the summary plan description for your plan or contact the pharmacy benefit manager for your plan to determine where you can fill specialty medications.**

**Will my medication cost or coverage change?**
Generally, there is not a cost change as a result of transitioning a specialty medication to THPS. However, the plan formulary is evaluated bi-annually and, if there are any changes to your medications, you will be notified 60 days prior to the effective date of the changes. Also, manufacturer drug costs change from time to time and these changes may impact the price you pay for a prescription drug.

**Can I continue to use Trinity Health retail pharmacies at my Health Ministry location or OptumRx specialty pharmacy?**
THPS is now the sole dispenser of the medications noted. Those medications cannot be filled by other pharmacies, including Trinity Health retail pharmacies and OptumRx. Over time, Trinity Health will transition THPS to be the sole pharmacy for additional medications.

**Trinity Health Pharmacy Services (THPS)**

**Who is Trinity Health Pharmacy Services (“THPS”)?**
In alignment with the TogetherHealth 2023 strategic plan, Trinity Health launched THPS, based in Fort Wayne, Indiana, in 2019 and it has earned accreditation from the Utilization Review Accreditation Commission (URAC) and the Accreditation Commission for Health Care (ACHC). THPS is a Trinity Health-owned pharmacy that provides specialty medications for complex, chronic and rare conditions. THPS has a specialized call center and order fulfillment center and is committed to an exceptional experience. Patients, physicians, clinicians and colleagues
benefit from additional access to specialty medications from a trusted partner. The THPS coordinated care team consists of highly trained pharmacy technicians and pharmacists who work closely with members and their healthcare teams to deliver exceptional care and medication distribution. In addition to filling prescriptions, THPS provides resources and support to help you with your condition such as:

- Easy access to your medications including fast and free shipping;
- Continuous clinical evaluation, ongoing health monitoring, assessment of education needs and management of your medication use; and
- Advice to help you stay on track with your drug therapies including tips to manage side effects.

**What are the advantages of using THPS?**

THPS will coordinate your specialty pharmacy care and work to find ways to get your medications at lowest out-of-pocket cost. The pharmacy team reviews your entire medication therapy and provides clear directions and advice. Their patient care coordinators (PCCs) and pharmacists will work with you to make sure that your medicine is working and will work with your doctor as part of your care team. THPS also works with OptumRx to reduce the time it takes for you to get your medication and start therapy, if needed.

**How will I receive my specialty medication from THPS?**

THPS ships your medication where you need it in safe temperature-controlled and tested packaging, at no cost to you for standard shipping.

**Will my specialty medication prescription automatically transfer to THPS from the OptumRx specialty pharmacy or a Trinity Health retail pharmacy?**

There is no action required of you at this time. THPS pharmacists will reach out to your prescribing physicians to request a new prescription for your medications. If we are unable to reach your physician, the pharmacists may reach out to you for assistance in the transfer process.

**Will my billing and shipping information also transition over to THPS?**

No. THPS representatives will be reaching out to you by telephone prior to the effective date to confirm your billing and shipping information.

**Will my prior authorization transfer?**

OptumRx will continue to manage the prior authorization process for all specialty medications. If you have an approved prior authorization for your specialty medication, it will continue to be in place if your specialty medication transitions to THPS.

**Can I transfer more specialty medications to THPS?**

Yes. If you wish to transfer additional prescriptions for specialty medications to THPS, please call OptumRx at 1-855-540-5950 to request the transfer.

**Note:** THPS cannot fill prescriptions for non-specialty medications. Prescriptions for non-specialty medication should continue to be filled through your current pharmacy.

**Will I be able to manage my home delivery for specialty medications filled with THPS online?**

THPS has implemented the EPIC MyChart portal and can store billing information to your profile for future use if you choose.

Additionally, if you see a Trinity provider that utilizes MyChart, you will be able to request refills directly through the portal. If you do not see a Trinity provider that utilizes the portal, please contact THPS to manage your prescriptions.

**Can I use a manufacturer coupon when filling prescriptions with THPS?**

Yes. If a manufacturer coupon is available for your specialty medication, THPS will work with you to enroll in that benefit and apply it to your order along with your colleague health plan coverage.

**Note:** Coupon savings are not applied to colleague health plan out of pocket maximums.
Important Contact Information

OptumRx
Phone: 1-855-540-5950
www.optumrx.com

Trinity Health Pharmacy Services
Toll free: 833-675-0790
Monday-Friday 9am-5pm EST
Fax: 312-598-9839
TrinityHealth.org/SpecialtyPharmacy

Trinity Health HR Service Center
Chat in real time with an HR representative when you log into the HR4U colleague portal (https://hr4u.trinity-health.org) Monday through Friday, 7 a.m. – 8 p.m. ET. You can also submit a request for assistance and track the status of your inquiry and browse HR information, 24/7.

Colleagues of IHA in Michigan should contact their local HR team with questions.