COVID-19 Pharmacotherapy Treatment Guidance

September 24, 2021
What’s Changed this Version: September 24, 2021

Update to include post exposure prophylaxis indication for Bamlanivimab and Etesevimab
TABLE OF CONTENTS

- Therapeutics ................................................................................................................. 3
- Monoclonal Antibody Therapy Patient Selection, Dosing, and Monitoring .................. 4
  - Monoclonal Antibody Product Selection and Dosing Tables ........................................ 4
  - Monoclonal Antibody Nursing Considerations ............................................................ 5
- Remdesivir Patient Selection, Dosing, and Monitoring ................................................... 6
  - Remdesivir Contraindications and Precautions: .......................................................... 6
  - Remdesivir Dosing Table .............................................................................................. 6
  - Remdesivir Monitoring .................................................................................................. 7
  - Remdesivir Nursing Considerations .............................................................................. 7
  - Remdesivir Adverse reactions ...................................................................................... 7
  - Remdesivir Drug Interactions ....................................................................................... 7
- Convalescent Plasma ....................................................................................................... 7
  - Convalescent Plasma: Patient Selection ...................................................................... 8
- Corticosteroids ................................................................................................................ 8
- Interleukin-6 (IL-6) Inhibitors ........................................................................................ 8
  - IL-6 Contraindications: ................................................................................................. 9
  - IL-6 Inhibitor Dosing ..................................................................................................... 9
  - IL-6 Inhibitor Adverse reactions .................................................................................... 9
  - IL-6 Inhibitor Monitoring ............................................................................................... 9
  - IL-6 Inhibitor Nursing Considerations ......................................................................... 10
- Janus kinase (JAK) inhibitor/Baricitinib ......................................................................... 10
  - Baricitinib: Patient Selection ....................................................................................... 10
  - Baricitinib Contraindications and Precautions: .......................................................... 10
  - Baricitinib Dosing ......................................................................................................... 10
  - Baricitinib Monitoring, Adverse Reactions, and Drug Interactions ............................. 11
- Hydroxychloroquine ...................................................................................................... 11
- Azithromycin .................................................................................................................. 11
- Protease Inhibitors ......................................................................................................... 12
- Ivermectin ....................................................................................................................... 12
- ACE Inhibitors and ARBs .............................................................................................. 12
- NSAIDS .......................................................................................................................... 12
- COVID And Co-Infection ............................................................................................... 12
  - Management of Influenza Co-Infection ..................................................................... 12
- Respiratory Treatments .................................................................................................. 13
- Patient positioning .......................................................................................................... 13
- Use of Neuromuscular Blocker Agents and Conservation ............................................ 13
  - Use of NMBA for COVID Recommendations: ............................................................ 13
- Anticoagulation and COVID Related Coagulopathy Guidance .................................... 14
- Anticoagulation Admission Considerations for Highly Suspected or Confirmed COVID 14
- Prevention of Venous Thromboembolism (VTE) in Highly Suspected or Confirmed COVID Patients ..................... 15
  - Figure 1: VTE Prophylaxis ......................................................................................... 15
- Empiric Therapeutic Anticoagulation for COVID related Coagulopathy ....................... 15
- Empiric Thrombolytic Therapy .................................................................................... 16
- Treatment of Venous Thromboembolism (VTE) in Highly Suspected or Confirmed COVID Patients ............................. 16
  - Figure 2: Therapeutic Anticoagulation for Treatment of VTE in COVID Patients .......... 16
- Thromboprophylaxis and Anticoagulation Nursing Considerations ............................. 16
- Anticoagulation Discharge Considerations ................................................................... 17
  - Post Hospitalization Considerations for Patients Treated With Therapeutic Anticoagulation for Suspected or Confirmed VTE During COVID Admission ........................................ 17
  - Post Hospitalization Considerations - VTE Prophylaxis .............................................. 17
- Anticoagulation References: ......................................................................................... 19
- References: .................................................................................................................... 20
- Version History ............................................................................................................. 23
OVERVIEW
There are many ongoing clinical trials and data is emerging often. Use of investigational anti-COVID-19 therapeutics should be done under approved, randomized, controlled trials whenever feasible.

THERAPEUTICS
This information is provided to help guide treatment conversations. State mandates, medication availability/shortages, and access to Infectious Disease resources may impact some of these recommendations at given sites. As additional information becomes available, this information will be updated accordingly.

• Prophylaxis: See the COVID-19 Monoclonal Antibodies for Post Exposure Prophylaxis document for use of Monoclonal Antibody therapy for post-exposure prophylaxis in individuals who are at high risk for progression to severe disease. Evidence does not support any other therapy for prophylaxis against COVID-19.

• Treatment: Assessment of Evidence for COVID-19-Related Treatments, updated regularly, is available in the IDSA COVID-19 Guidelines, NIH COVID Treatment Guidelines and within the ASHP COVID resource center: ASHP COVID Evidence Assessment

<table>
<thead>
<tr>
<th>Patient Subset</th>
<th>Therapeutics</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>OUTPATIENT</td>
<td>Clinical observation &amp; supportive care</td>
<td>Monoclonal Antibody Comments</td>
</tr>
<tr>
<td>Mild-Moderate Disease</td>
<td>&lt; AND, CONSIDER &gt; Monoclonal Antibody For High-Risk Patients (see comments)</td>
<td>• See full Monoclonal Antibody section below for patient criteria, product selection, dose, contraindications, adverse effects and monitoring</td>
</tr>
<tr>
<td>Outpatient with confirmed COVID-19</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

INPATIENT NON-SEVERE DISEASE
Hospitalized with confirmed or suspected COVID-19 without any severe disease criteria

Clinical observation & supportive care
< AND, CONSIDER > Remdesivir for 1-5 days (see comments)

Remdesivir Comments
• Consider for patients at high risk of disease progression
• Duration of 5 days or until hospital discharge, whichever comes first
• See full Remdesivir section below for dose, contraindications, adverse effects, monitoring and drug interactions

INPATIENT SEVERE DISEASE – NOT INTUBATED
Confirmed or suspected COVID-19 plus either of the following:

a. Oxygen saturation (SpO2) ≤ 94% on room air
b. Requiring supplemental oxygen

Supportive Care
<AND>
For patients requiring supplemental oxygen:
Dexamethasone 6 mg PO/IV Daily X 10 days*
< AND > Remdesivir for 1-5 days (see comments)
<AND, CONSIDER > Immunomodulator (IL-6 Inhibitor or Baricitinib)

*Corticosteroid Comments
• Duration of 10 days or until hospital discharge
• If dexamethasone is unavailable, equivalent doses of an alternative glucocorticoid may be used (see corticosteroid section)

Remdesivir Comments
• Treatment with remdesivir earlier in the course of disease has been associated with better outcomes compared to initiation after mechanical ventilation. Also refer to remdesivir comments above.

Immunomodulator Comments
• Consultation with Infectious Diseases and/or Critical Care is recommended prior to treatment
• Immunomodulator therapy (baricitinib and tocilizumab) should not be combined
• See full IL-6 Inhibitor Section for detailed patient selection, exclusion criteria, dose, adverse effects, and monitoring
• See full Baricitinib Section for detailed patient selection, exclusion criteria, dose, adverse effects, and monitoring

INPATIENT SEVERE DISEASE – INTUBATED/ECMO
Confirmed or suspected COVID plus either of the following:

a. Requiring mechanical ventilation
b. Requiring extracorporeal membrane oxygenation (ECMO)

Supportive Care
<AND>
Dexamethasone 6 mg PO/IV Daily X 10 days*
< AND, CONSIDER > IL-6 Inhibitor

IL-6 Inhibitor Comments
• Consultation with Infectious Diseases and/or Critical Care is recommended prior to treatment
• See full IL-6 Inhibitor Section for detailed patient selection, exclusion criteria, dose, adverse effects, and monitoring.

Other Comments: Treatment with remdesivir is not recommended for initiation after mechanical ventilation. Courses of remdesivir started prior to need for mechanical ventilation may be completed
MONOCLONAL ANTIBODY THERAPY PATIENT SELECTION, DOSING, AND MONITORING

- The U.S. Food and Drug Administration (FDA) has issued Emergency Use Authorizations (EUA) for three unapproved monoclonal antibody products including Sotrovimab, the combination of bamlanivimab and etesevimab, and the combination of Casirivimab and Imdevimab (REGEN-COV™) for outpatient treatment of mild to moderate (COVID-19) in adults and pediatric patients with positive results of direct SARS-CoV-2 viral testing who are 12 years of age and older weighing at least 40 kg, and who are at high risk for progressing to severe disease and/or hospitalization.
  - Prior to treatment the parent/caregiver should be educated with the information within, and provided with, the based on product administered.
  - The following information must be documented in the patient's medical record: The patient/caregiver was given the Fact Sheet, informed of alternatives to receiving monoclonal antibody, and informed that monoclonal antibodies are an unapproved drug that is authorized for use under an EUA.
- The U.S. Food and Drug Administration (FDA) has issued Emergency Use Authorizations (EUA) for the combination of Casirivimab and Imdevimab (REGEN-COV™) and the combination of Bamlanivimab and Etesevimab for outpatient post exposure prophylaxis in certain populations. See the COVID-19 Monoclonal Antibodies for Post Exposure Prophylaxis document.
- The NIH and IDSA guidelines recommend use of Casirivimab and Imdevimab (REGEN-COV™) or Sotrovimab among ambulatory patients with mild to moderate COVID-19 at high risk for progression to severe disease. In people who are vaccinated and then develop COVID-19, prior receipt of vaccine should not affect treatment decisions, including the use of and timing of treatment with monoclonal antibodies.
- Circulating SARS-CoV-2 viral variants may be associated with resistance to monoclonal antibodies; please see information in the product selection information below.
- In patients admitted to the hospital for management of conditions other than treatment of COVID-19, who are diagnosed with COVID-19 and experiencing mild-to-moderate symptoms, monoclonal antibody is a reasonable treatment option if the patient meets FDA EUA for high risk. Therapy should be prescribed after informed decision-making for patients that place a high value on the uncertain benefits and a low value on uncertain adverse events.

Limitations of authorized use:
- Monoclonal antibody therapy is not authorized for use in patients who are hospitalized due to COVID-19, who require oxygen therapy due to COVID-19, or who require an increase in baseline oxygen flow rate due to COVID-19 in those on chronic oxygen therapy due to underlying non-COVID-19 related comorbidity.
- Benefit of treatment with monoclonal antibody therapy has not been observed in patients hospitalized due to COVID-19. Monoclonal antibodies may be associated with worse clinical outcomes when administered to hospitalized patients with COVID-19 requiring high flow oxygen or mechanical ventilation.

PATIENTS AT HIGH RISK DISEASE PROGRESSION:
The following medical conditions or other factors may place adults and pediatric patients (age 12-17 years and weighing at least 40 kg) at higher risk for progressing to severe COVID-19:
- Older age (for example, age ≥ 65 years of age)
- Obesity or being overweight (for example, BMI ≥ 25 kg/m2, or if age 12-17, have BMI ≥ 85th percentile for their age and gender based on CDC growth charts
- Pregnancy
- Chronic kidney disease
- Diabetes
- Immunosuppressive disease or immunosuppressive treatment
- Cardiovascular disease (including congenital heart disease) or hypertension
- Chronic lung diseases (for example, chronic obstructive pulmonary disease, asthma [moderate-to-severe], interstitial lung disease, cystic fibrosis and pulmonary hypertension)
- Sickle cell disease
- Neurodevelopmental disorders (for example, cerebral palsy) or other conditions that confer medical complexity (for example, genetic or metabolic syndromes and severe congenital anomalies)
- Having a medical-related technological dependence (for example, tracheostomy, gastrostomy, or positive pressure ventilation (not related to COVID 19)

MONOCLONAL ANTIBODY PRODUCT SELECTION AND DOSING TABLES
- Circulating SARS-CoV-2 viral variants may be associated with resistance to monoclonal antibodies.
- Health care providers should use information on the prominent local variant proportions, information from state and local health authorities, and the Antiviral Resistance information in each of the product fact sheets to guide decisions
on antibody product selection. Variant and resistance information can also be found on the [IDSA Emerging Variants website](https://www.fda.gov/media/151719/download).

- Bamlanivimab and etesevimab are not authorized for use in states, territories, and US jurisdictions in which the combined frequency of variants resistant to bamlanivimab and etesevimab exceeds 5%. A list of states, territories, and US jurisdictions in which bamlanivimab and etesevimab are and are not currently authorized is available on the FDA website: [https://www.fda.gov/media/151719/download](https://www.fda.gov/media/151719/download).
  - Review travel and contact history within 2 weeks prior to infection. Persons who have traveled to, resided in, or had close contact with an infected individual from an area where the frequency of resistant variants to bamlanivimab and etesevimab exceeds 5% should NOT receive bamlanivimab and etesevimab. Consider Casirivimab and Imdevimab (REGEN-COV™) as an alternative.

- Casirivimab and Imdevimab (REGEN-COV™) or Bamlanivimab and Etesevimab (where authorized for use) are the recommended monoclonal antibody products for use in Trinity Health. Sotrovimab has parallel coverage of variants compared to Casirivimab and Imdevimab (REGEN-COV™).

### MONOCLONAL ANTIBODY CONTRAINDICATIONS AND PRECAUTIONS:

- No contraindications to therapy currently exist.
- There are limited clinical data available for monoclonal antibody therapy. Serious and unexpected adverse events may occur that have not been previously reported with bamlanivimab use.
- Monoclonal antibodies are administered in settings in which health care providers have immediate access to medications to treat a severe infusion reaction, such as anaphylaxis, and the ability to activate the emergency medical system (EMS), as necessary.

### MONOCLONAL ANTIBODY NURSING CONSIDERATIONS

**Hypersensitivity Including Infusion-Related and Anaphylactic Reactions:**

- There is a potential for serious hypersensitivity reaction, including anaphylaxis, with administration of monoclonal antibodies. If signs and symptoms of a clinically significant hypersensitivity reaction or anaphylaxis occur, immediately discontinue administration and initiate appropriate medications and/or supportive therapy.
- Signs and symptoms of infusion related reactions may include fever, difficulty breathing, reduced oxygen saturation, chills, fatigue, arrhythmia (e.g., atrial fibrillation, sinus tachycardia, bradycardia), chest pain or discomfort, weakness, altered mental status, nausea, headache, bronchospasm, hypotension, hypertension, angioedema, throat irritation, rash including urticaria, pruritus, myalgia, vasovagal reactions (e.g., pre-syncpe, syncope), dizziness and diaphoresis. If an infusion-related reaction occurs, consider slowing or stopping the infusion and administer appropriate medications and/or supportive care.

### CASIRIVIMAB AND IMDEVIMAB DOSING TABLE

For full details on dose preparation and infusion times, please refer to the [Casirivimab and Imdevimab (REGEN-COV™) EUA Fact Sheet for Health Care Providers](https://www.fda.gov/media/151719/download). Prior to treatment the parent/caregiver should be educated with the information within, and provided with, the [Fact Sheet for Patients And Parent/Caregivers Emergency Use Authorization (EUA) Of Casirivimab and Imdevimab (REGEN-COV™)](https://www.fda.gov/media/151719/download).

<table>
<thead>
<tr>
<th>Adult Dosing</th>
<th>Casirivimab 600 mg and Imdevimab 600 mg (combined total dose of 1200 mg) x 1 dose.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pediatric Dosing</td>
<td>Treatment of high-risk pediatric patients 12 years of age and older and weighing at least 40 kg. Casirivimab and Imdevimab (REGEN-COV™) is not authorized for patients weighing less than 40 kg.</td>
</tr>
<tr>
<td>Route of Administration</td>
<td>The intravenous route is the recommended route of administration for treatment of COVID-19. Subcutaneous injection is an alternative route of administration when IV infusion is not feasible and would lead to delay in treatment.</td>
</tr>
<tr>
<td>Dose Adjustments</td>
<td>Renal: No dosage adjustment is recommended in patients with renal impairment. Hepatic: The effect of hepatic impairment on Casirivimab and Imdevimab (REGEN-COV™) is unknown.</td>
</tr>
</tbody>
</table>

### BAMLANIVIMAB AND ETESEVIMAB DOSING TABLE

For full details on dose preparation and infusion times, please refer to the [Bamlanivimab and Etesevimab EUA Fact Sheet for Health Care Providers](https://www.fda.gov/media/151719/download). Prior to treatment the parent/caregiver should be educated with the information within, and provided with, the [Fact Sheet for Patients, Parents and Caregivers For Bamlanivimab and Etesevimab](https://www.fda.gov/media/151719/download).

<table>
<thead>
<tr>
<th>Adult Dosing</th>
<th>Bamlanivimab 700 mg and Etesevimab 1400 mg x 1 dose</th>
</tr>
</thead>
</table>
Remdesivir Patient Selection, Dosing, and Monitoring

- Remdesivir (Veklury®) is FDA approved for adults and pediatric patients (12 years of age and older and weighing at least 40 kg) for the treatment of coronavirus disease 2019 (COVID-19) requiring hospitalization.
  - Based on available clinical data, benefit with remdesivir treatment has been primarily demonstrated for patients early in the course of disease who are in the hospital requiring supplemental oxygen.
  - For hospitalized patients not requiring supplemental oxygen, remdesivir can be considered for patients at risk of disease progression. These include patients that are older (over the age of 65 years), with a BMI above 35, or who have an underlying medical condition increases the risk for severe.
- The U.S. Food and Drug Administration (FDA) has issued an Emergency Use Authorization (EUA) to permit the unapproved emergency use of the remdesivir for pediatric patient less than 40 kg hospitalized with or suspected or laboratory confirmed coronavirus disease 2019 (COVID-19). For full details please refer to the FACT SHEET FOR HEALTH CARE PROVIDERS EMERGENCY USE AUTHORIZATION (EUA) OF VEKLURY® (remdesivir)
- If remdesivir is initiated in a PUI who subsequently tests negative by molecular PCR testing, discontinue remdesivir; consider consultation with Infectious Diseases if COVID-19 still clinically likely
- Prior to treatment for pediatric patients ages less than 12 or weight less than 40 kg the parent/caregiver should be provided information consistent with the "Fact Sheet for Patients And Parent/Caregivers Emergency Use Authorization (EUA) Of Remdesivir For Coronavirus Disease 2019 (COVID-19)"
- The following information must be documented in the patient’s medical record: The patient/caregiver was informed that remdesivir is an unapproved drug that is authorized for use under EUA.

Remdesivir Contraindications and Precautions:

- Remdesivir should not be initiated in patients with ALT ≥ 5 times the upper limit of normal at baseline
- Accumulation of the IV vehicle sulfobutyl-ether beta-cyclodextrin sodium (SBECD) occurs in patients with renal impairment. The FDA approval does not recommend use for adult patients with eGFR less than 30 mL per minute. After consideration of risk and benefit, remdesivir can be used with caution in adults and pediatric patients with eGFR less than 30 mL per minute or in full-term neonates (≥7 days and ≤28 days old) with serum creatinine clearance ≥ 1 mg/dL.

  Considerations in pregnancy
  - No adverse embryo-fetal events seen in animal models, however there is insufficient data in humans
  - Remdesivir should be used only if benefit exceeds the potential risk to the mother and fetus.

Remdesivir Dosing Table

For full details on dose preparation, please refer to the Remdesivir Package Insert for adults, and for pediatrics the FACT SHEET FOR HEALTH CARE PROVIDERS EMERGENCY USE AUTHORIZATION (EUA) OF VEKLURY® (remdesivir)

<table>
<thead>
<tr>
<th>Adult Dosing</th>
<th>Treatment of hospitalized COVID-19 patients (Remdesivir Package Insert)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Initial: 200 mg IV (over 30-120 minutes) as a single dose on Day 1</td>
</tr>
<tr>
<td></td>
<td>• Maintenance: 100 mg IV (over 30-120 minutes) once daily for a total duration of 5 days</td>
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<thead>
<tr>
<th>Pediatric Dosing</th>
<th>Treatment of hospitalized COVID-19 patients</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Patients weighing 3.5 to 39.9 kg (EUA, HealthCare Provider Factsheet)</td>
</tr>
<tr>
<td></td>
<td>o Must use lyophilized powder formulation</td>
</tr>
<tr>
<td></td>
<td>o Initial: 5 mg/kg IV (over 30-120 minutes) as a single dose on Day 1</td>
</tr>
<tr>
<td></td>
<td>o Maintenance: 2.5 mg/kg IV (over 30-120 minutes) once daily for a total duration of 5 days</td>
</tr>
<tr>
<td></td>
<td>• Patients 12 years and older and weighing ≥40 kg: See adult dosing (Remdesivir Package Insert)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Duration</th>
<th>Based on current available data, Trinity recommends a 5-day course for all patients</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Patients should not be held in the hospital solely for the purpose of completing 5 days of remdesivir therapy. If patient is deemed clinical stable for discharge prior to completion of 5 days course, discontinue the remdesivir and discharge to the appropriate next level of care (per NIH guidelines)</td>
</tr>
</tbody>
</table>
The optimal duration of Remdesivir treatment for COVID-19 is unknown

| **Dose Adjustments** | **Renal:** No pharmacokinetic data for mild or moderate renal impairment. 
**Hepatic:** No pharmacokinetic data for mild or moderate hepatic impairment. Do not use in patients with AST/ALT elevations >5x the upper limit of normal. |

**REMDESIVIR MONITORING**
- Prior to initiation, and daily during remdesivir therapy, monitor hepatic function tests (ALT, AST, bilirubin, alkaline phosphatase), prothrombin time (PT/INR) and renal function tests (serum creatinine, CrCl/eGFR). Remdesivir is not recommended in adults and pediatric patients with eGFR less than 30 mL per minute unless the potential benefit outweighs the potential risk. Consider discontinuing remdesivir if ALT levels increase to greater than 10 times the upper limit of normal. Discontinue remdesivir if ALT elevation is accompanied by signs or symptoms of liver inflammation.
- If a serious and unexpected adverse event occurs and appears to be associated with the use of remdesivir, the prescribing health care provider and/or the provider's designee should complete and submit a MedWatch form to FDA Remdesivir Nursing Considerations.
- Hypersensitivity Including Infusion-Related and Anaphylactic Reactions: Hypersensitivity reactions including infusion-related and anaphylactic reactions have been observed during and following administration of remdesivir. See nursing considerations below.

**REMDESIVIR NURSING CONSIDERATIONS**
- Hypersensitivity Including Infusion-Related and Anaphylactic Reactions: Hypersensitivity reactions including infusion-related and anaphylactic reactions have been observed during and following administration of remdesivir. Signs and symptoms may include hypotension, tachycardia, bradycardia, dyspnea, wheezing, angioedema, rash, nausea, vomiting, diaphoresis, and shivering. Slower infusion rates, with a maximum infusion time of up to 120 minutes, can be considered to potentially prevent these signs and symptoms. If signs and symptoms of a clinically significant hypersensitivity reaction occur, immediately discontinue administration of remdesivir and initiate appropriate treatment.

**REMDESIVIR ADVERSE REACTIONS**
- An adverse reaction associated with remdesivir in clinical trials in healthy adult subjects was increased liver transaminases. Additional adverse reactions associated with the drug, some of which may be serious, may become apparent with more widespread use.
- Other adverse effects with incidence ≥10%
  - Constipation (14%)[15% in placebo group];
  - Hypoalbuminemia (13%)[15% in placebo group];
  - Hypokalemia (12%)[14% in placebo group];
  - Anemia (12%)[15% in placebo group];
  - Thrombocytopenia (10%);
  - Increased bilirubin (10%)

**REMDESIVIR DRUG INTERACTIONS**
- Risk of Reduced Antiviral Activity When co-administered with Chloroquine or Hydroxychloroquine: coadministration of remdesivir and chloroquine phosphate or hydroxychloroquine sulfate is not recommended based on in vitro data demonstrating an antagonistic effect of chloroquine on the intracellular metabolic activation and antiviral activity of Remdesivir.
- In vitro, remdesivir is a substrate for drug metabolizing enzymes CYP2C8, CYP2D6, and CYP3A4, and is a substrate for Organic Anion Transporting Polypeptides 1B1 (OATP1B1) and P-glycoprotein (P-gp) transporters. In vitro, remdesivir is an inhibitor of CYP3A4, OATP1B1, OATP1B3, BSEP, MRP4, and NTCP. The clinical relevance of these in vitro assessments has not been established. Please refer to [http://www.covid19-druginteractions.org/](http://www.covid19-druginteractions.org/)

**CONVALESCENT PLASMA**
- The FDA has authorized an Emergency Use Authorization (EUA) for emergency use of high-titer COVID-19 convalescent plasma (CP) for the treatment of hospitalized patients with COVID-19 that are early in the course of disease or who have impaired humoral immunity. Refer to the full EUA document for complete details. Details on the collection, testing, labeling, and recordkeeping accompanying the use of CP is available here: [Investigational COVID-19 Convalescent Plasma Guidance for Industry](http://www.covid19-druginteractions.org/). Fact sheets for Convalescent Plasma EUA have been created for both health care providers and patients.
**CONVALESCENT PLASMA: PATIENT SELECTION**

- Despite the EUA, convalescent plasma is not recommended for treatment of immocompetent COVID-19 patients given the lack of conclusive evidence. The National Institutes of Health (NIH) Guidelines and Infectious Diseases Society of America Guidelines recommend against use for immunompetant patients.
- Given societal recommendations against use, alternative treatment availability including monoclonal antibodies, and the lack of availability to high quality COVID-19 convalescent plasma product, the use of convalescent plasma is no longer recommended.

**CORTICOSTEROIDS**

The IDSA and NIH COVID-19 Treatment Guidelines recommends using dexamethasone (at a dose of 6 mg per day for up to 10 days) in patients with severe COVID-19 who require supplemental oxygen, mechanical ventilation, or ECMO. A large randomized trial, the RECOVERY trial, has reported a significant mortality benefit with dexamethasone 6 mg daily for up to 10 days in patients requiring supplemental oxygen for COVID. In a sub-group analyses of patients without hypoxia not receiving supplemental oxygen, there was no benefit and a trend toward harm with dexamethasone. Dexamethasone is not recommended for patients with non-severe COVID-19 illness, defined as a patient with a SpO2 > 94% not requiring supplemental oxygen.\(^{33-39}\)

Dexamethasone has been listed on the FDA drug shortage list since February 2019 and is chronically in sporadic supply. If dexamethasone is unavailable, an equivalent total daily dose of an alternative glucocorticoid such as methylprednisolone 32 mg daily (usually divided as 16 mg BID) and prednisone 40 mg once daily may be used. Systemic glucocorticoids cause a dose-dependent, usually mild, hyperglycemia. Patients with diabetes mellitus or critical illness exhibit higher blood glucose levels while taking glucocorticoids, leading to increased difficulty with glycemic control. Patients receiving corticosteroids should be monitored for hyperglycemia. Clinically significant hyperglycemia that is glucocorticoid-induced are generally treated pharmacologically in the same way that they are in patients with diabetes mellitus or glucose intolerance in the absence of glucocorticoid therapy.

**INTERLEUKIN-6 (IL-6) INHIBITORS**

The U.S. Food and Drug Administration (FDA) has issued an Emergency Use Authorization (EUA) for Tocilizumab for the treatment of COVID-19 in hospitalized adults and pediatric patients (2 years of age and older) who are receiving systemic corticosteroids and require supplemental oxygen, non-invasive or invasive mechanical ventilation, or extracorporeal membrane oxygenation (ECMO). However, tocilizumab is not FDA-approved for this use. Prior to treatment the parent/caregiver should be educated with the information within, and provided with, the "Fact Sheet for Patients And Parent/Caregivers Emergency Use Authorization (EUA) Of Tocilizumab For Coronavirus Disease 2019 (COVID-19)" For Coronavirus Disease 2019 (COVID-19)". However, if providing this information will delay the administration of treatment to a degree that would endanger the life of a patient, the information must be provided to the parent and/or caregiver as soon as feasible after administration.

Based on the totality of evidence and recommendations from societal guidelines (IDSA and NIH):

- It is recommended that immunomodulator therapy, given in combination with corticosteroids, is considered for patients exhibiting rapid progression of respiratory failure with evidence of inflammatory mediator elevation.
  - Tocilizumab may be used in combination with dexamethasone plus remdesivir for the patients with severe disease requiring mechanical ventilation.
  - Either Tocilizumab or Baricitinib or may be used in combination with dexamethasone plus remdesivir for the patients with severe disease not requiring mechanical ventilation. Baricitinib should be avoided in patients with recent or recurrent VTE. Tocilizumab should NOT be used in combination with baricitinib.
  - Sarilumab 400 mg administered as a single intravenous infusion (infused over at least 60 min) may be used as an alternative to IV tocilizumab, only when IV tocilizumab is not available or not feasible to use.
- Treatment with the combination of an IL-6 inhibitor with corticosteroids appears to be most effective when given earlier in the course of disease (within 2 days of admission)
- We recommend AGAINST IL-6 therapy based on inflammatory markers levels alone
IL-6 CONTRAINDICATIONS:
- IL-6 inhibitors therapy should not be initiated for the following patients:
  - Serious Infections: do not administer tocilizumab during any other concurrent active infection
  - Tocilizumab treatment is not recommended in patients with active hepatic disease or hepatic impairment. Do not administer tocilizumab when ALT or AST are elevated above 10 times the upper limit of the normal (ULN) reference range (caution if the ALT ≥ 5 times ULN at baseline
  - Baseline platelet count of less than 50,000/mm3
  - Baseline absolute neutrophil count of less than 1,000/mm3
  - Gastrointestinal (GI) perforation – use with caution in patients who may be at increased risk

IL-6 INHIBITOR DOSING

<table>
<thead>
<tr>
<th>Adult Dosing</th>
<th>Pediatric Dosing</th>
<th>Duration</th>
<th>Dose Adjustments</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Tocilizumab should be administered as a single intravenous infusion (infused over at least 60 min)</td>
<td>• The FDA EAU is approved for pediatric patients 2 years and older only. Tocilizumab should be administered as a single intravenous infusion (infused over at least 60 min).</td>
<td>• The EAU states that if clinical signs or symptoms worsen or do not improve after the first dose, one additional infusion of tocilizumab may be administered at least 8 hours after the initial infusion.</td>
<td>Renal: No dose adjustment is required in elderly patients &gt;65 years of age or in patients with mild or moderate renal impairment. There are no dosage adjustments provided in the EUA or manufacturer’s labeling for severe renal impairment (has not been studied). Hepatic: There are no dosage adjustments provided in the manufacturer’s labeling (has not been studied). Do not use in patients with AST/ALT elevations &gt;10x the upper limit of normal. Use with caution if hepatic enzymes are &gt;5X the upper limit of normal.</td>
</tr>
<tr>
<td>• Patients at or above 30 kg weight: Tocilizumab 8 mg/kg up to a maximum dose of 800 mg</td>
<td>• Patients at or above 30 kg weight: Tocilizumab 8 mg/kg up to a maximum dose of 800 mg</td>
<td>• There is a lack of clarity on criteria for when a repeated dose is needed.</td>
<td></td>
</tr>
<tr>
<td>• Patients less than 30 kg weight: Tocilizumab 12 mg/kg</td>
<td>• Patients less than 30 kg weight: Tocilizumab 12 mg/kg</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

IL-6 INHIBITOR ADVERSE REACTIONS

The rate of serious adverse reactions in patients receiving IL-6 inhibitors in randomized trials to date, including the REMAP-CAP trial, did not differ significantly from standard care/placebo comparators. Known adverse reactions associated with IL-6 inhibitors include (from package insert for non-COVID related indications):
- Most common adverse reactions (incidence ≥ 3%) are constipation, anxiety, diarrhea, insomnia, hypertension and nausea
- Serious Infections: Serious infections have occurred in patients receiving IL-6 Inhibitors. Do not administer tocilizumab to a patient with an active infection, including localized infection.
- Hypersensitivity: May cause hypersensitivity or anaphylaxis; Medications for the treatment of hypersensitivity reactions should be available for immediate use.
- GI perforation: Use with caution in patients at increased risk for GI perforation; perforation has been reported, typically secondary to diverticulitis.
- Hematologic effects: Neutropenia and thrombocytopenia may occur. Monitor neutrophils and platelets.
- Hepatic effects: Hepatic injury, resulting in liver transplant or death, has been reported. Monitor LFTs prior to therapy initiation and during treatment.
- Hyperlipidemia: Therapy is associated with increases in total cholesterol, triglycerides, LDL, and/or HDL; monitor ~4 to 8 weeks after initiation, then subsequently according to current guidelines.

IL-6 INHIBITOR MONITORING
- Prior to therapy initiation: Neutrophils, platelets, and liver function (ALT/AST, alkaline phosphatase, and total bilirubin) to evaluate for exclusion criteria. Do not initiate treatment for COVID-19 patients with baseline ALT or AST above 10x the upper limit of normal. Do not initiate treatment in patients with ANC <1,000/mm3 or platelet count <50,000/mm3.
- Monitor all patients for signs and symptoms of hypersensitivity reactions, infection (prior to, during, and after therapy); and signs and symptoms of CNS demyelinating disorders.
IL-6 INHIBITOR NURSING CONSIDERATIONS

- Hypersensitivity Reactions, including Anaphylaxis: Hypersensitivity reactions including anaphylactic reactions have been observed during and following administration of IL-6 inhibitors. If signs and symptoms of a clinically significant hypersensitivity reaction occur, immediately discontinue administration and initiate appropriate treatment. Reactions that required treatment discontinuation included generalized erythema, rash, and urticaria. Medications for the treatment of hypersensitivity reactions should be available for immediate use.

IL-6 DRUG INTERACTIONS

- Tocilizumab may decrease the serum concentration of CYP3A4 Substrates, however a significant interaction of tocilizumab or sarilumab with either dexamethasone or hydrocortisone is not expected. Please refer to http://www.covid19-druginteractions.org/

JANUS KINASE (JAK) INHIBITOR/ BARICITINIB

BARICITINIB: PATIENT SELECTION

- Either Baricitinib or Tocilizumab may be used in combination with dexamethasone plus remdesivir for the patients with severe disease not requiring mechanical ventilation who are exhibiting rapid progression of respiratory failure with evidence of inflammatory mediator elevation.
  - The adverse effect profile of each agent should be considered prior to use. Baricitinib should NOT be used in combination with tocilizumab.
- Baricitinib with or without remdesivir may be considered for hospitalized patients who require oxygen supplementation when corticosteroids cannot be used
- Tofacitinib may be used as an alternative to baricitinib, only when baricitinib is not available
- The U.S. Food and Drug Administration (FDA) has issued an Emergency Use Authorization (EUA) for use of baricitinib, with or without remdesivir, to treat suspected or laboratory-confirmed COVID-19 in hospitalized adults and pediatric patients 2 years or older requiring supplemental oxygen, invasive mechanical ventilation, or extracorporeal membrane oxygenation (ECMO). This is not an FDA-approved use of baricitinib.
  - Prior to treatment the parent/caregiver should be educated with the information within, and provided with, the "Fact Sheet for Patients And Parent/Caregivers  Emergency Use Authorization (EUA) Of Baricitinib" For Coronavirus Disease 2019 (COVID-19)"
  - The following information must be documented in the patient's medical record: The patient/caregiver was given the Fact Sheet, informed of alternatives to baricitinib, and informed that baricitinib is an approved drug that is authorized for the unapproved use under this EUA.
  - Baricitinib is FDA approved for the treatment of Rheumatoid Arthritis. Please see the package insert for more information on the FDA approved indication.

BARICITINIB CONTRAINDICATIONS AND PRECAUTIONS:

- There are no known contraindications for baricitinib. However, baricitinib is not recommended for patients who are on dialysis, have end-stage renal disease (ESRD, EGFR <15 mL/min/1.73 m2), or have acute kidney injury or for patients with known active tuberculosis. Co-existing infection can be worsened by baricitinib therapy.

BARICITINIB DOSING

<table>
<thead>
<tr>
<th>Adult Dosing</th>
<th>For adult patients with eGFR ≥60 mL/min/1.73 m2, Baricitinib 4 mg PO/GT once daily for 14 days or until hospital discharge, whichever is first.</th>
</tr>
</thead>
</table>
| Pediatric Dosing | The recommended dosage for patients 9 years of age and older is 4 mg PO/GT once daily for 14 days of total treatment or until hospital discharge, whichever is first.  
  - The recommended dosage for patients ages 2 years through less than 9 years of age is 2 mg PO/GT once daily for 14 days of total treatment or until hospital discharge, whichever is first.  
  - Baricitinib is not authorized for patients younger than 2 years of age. |
| Dose Adjustments | Dose adjustments are required for renal dysfunction, hepatic dysfunction, and drug interactions with strong OAT3 Inhibitors. For full details on dose adjustment, please refer to the "Fact Sheet for Healthcare Providers EUA Of Baricitinib For Coronavirus Disease 2019 (COVID-19)" |
BARICITINIB MONITORING, ADVERSE REACTIONS, AND DRUG INTERACTIONS

- Prior to initiation, evaluate estimated glomerular filtration rate (eGFR), liver enzymes, and complete blood count at baseline. Repeat testing is thereafter according to local patient management practice. Monitor closely when treating patients with abnormal baseline and post-baseline laboratory values.

BARICITINIB ADVERSE REACTIONS

- Serious venous thrombosis, including pulmonary embolism, and serious infections have been observed in COVID-19 patients treated with baricitinib and are known adverse drug reactions of baricitinib. Avoid use in patients with a history of VTE (deep vein thrombosis [DVT] and/or pulmonary embolism [PE]) within the last 12 weeks or have a history of recurrent (>1) VTE (DVT/PE).
- Serious infections: Serious infections have occurred in patients receiving baricitinib. Avoid the use of baricitinib with known active tuberculosis. Consider if the potential benefits outweigh the potential risks of baricitinib treatment in patients with active serious infections other than COVID-19 or chronic/recurrent infections.
- Thrombosis: In hospitalized patients with COVID-19, prophylaxis for venous thromboembolism is recommended unless contraindicated. If clinical features of deep vein thrombosis or pulmonary embolism occur, patients should be evaluated promptly and treated appropriately.
- Hypersensitivity: If a serious hypersensitivity occurs, discontinue baricitinib while evaluating the potential causes of the reaction.
- Other adverse effects with incidence ≥10%
  - Hypoalbuminemia (13%) [15% in placebo group]; Hypokalemia (12%) [14% in placebo group]; Anemia (12%) [15% in placebo group]; Thrombocytopenia (10%); Increased bilirubin (10%)

BARICITINIB DRUG INTERACTIONS

- Vaccinations: Avoid use of live vaccines with baricitinib
- Evaluate for drug interactions with strong OAT3 Inhibitors

HYDROXYCHLOROQUINE

- Current IDSA treatment guidelines do not recommend the use of chloroquine (CQ) or hydroxychloroquine (HCQ) in hospitalized patients with COVID-19 outside of a clinical trial. NIH guidelines now recommend against use outside of a clinical trial.
- Recent data from a large randomized controlled trial showed no evidence of benefit for mortality or other outcomes such as hospital length of stay or need for mechanical ventilation of HCQ treatment in hospitalized patients with COVID-19.
- Based on the continued review of the scientific evidence available for hydroxychloroquine sulfate for the treatment of COVID-19, the FDA has revoked the Emergency Use Authorization (EUA) based on this new information and other information discussed in their memorandum.
  - Specifically, the FDA has determined that CQ and HCQ are unlikely to be effective in treating COVID-19 for the authorized uses in the EUA. Additionally, in light of ongoing serious cardiac adverse events and other serious side effects, the known and potential benefits of CQ and HCQ no longer outweigh the known and potential risks for the authorized use.

AZITHROMYCIN

- Evidence to support the combination of hydroxychloroquine with azithromycin improves clinical outcomes for treatment of COVID-19 is lacking. However, the combination of these drugs is known to increase the likelihood of QTc prolongation which can lead to life-threatening arrhythmias and sudden cardiac death.
- Because of the potential for toxicity, routine use of this combination for inpatient treatment of COVID-19 in the absence of secondary bacterial infection is not recommended. If used, cardiac monitoring as outlined in the Cardiovascular section above, should be followed.
- For outpatients the use of antimicrobial regimens, including azithromycin, are only encouraged under approved conditions for treatment of bacterial pneumonia. Routine use in COVID is not recommended.
**Protease Inhibitors**

- NIH Treatment Guidelines recommend against using lopinavir/ritonavir, or other HIV protease inhibitors, to treat COVID-19 outside of a clinical trial. A trial of adults hospitalized with severe COVID-19 treated with Lopinavir–Ritonavir (Kaletra®) has shown no benefit over supportive care and is not recommended (Cao et al.). Darunavir/cobicistat activity against COVID-19 has not been confirmed, activity is extrapolated from other coronaviruses (SARS/MERS). In the lopinavir-ritonavir arm of the RECOVERY trial there was not improvement in mortality at 28-days compared to usual care (23% vs 22%), nor did the drugs decrease the duration of hospital stay, or the risk of progressing to invasive mechanical ventilation.
- The triple combination of lopinavir, ritonavir and ribavirin with or without interferon beta-1b, may reduce duration of symptoms among patients who have been admitted to the hospital with COVID-19 based on preliminary data. Use of this triple antiviral regimen, and interferon beta-1b, should only be within the context of a clinical trial.
- Oseltamivir and other neuraminidase inhibitors do not appear to have activity against other coronaviruses (SARS), and should be reserved for treatment of influenza.

**Ivermectin**

The NIH have found insufficient evidence to recommend either for or against the use of ivermectin for the treatment of COVID-19. The IDSA panel suggests against ivermectin use outside of the context of a clinical trial. Current evidence with ivermectin has incomplete data or flawed designs, thus both the NIH panel and IDSA recommend well-designed, adequately powered studies to determine the safety and efficacy of ivermectin to treat COVID-19. A randomized trial of ivermectin in outpatients with mild disease did not significantly improve the time to resolution of symptoms or prevent the need for medical care. The FDA issued a warning in April 2020 that ivermectin intended for use in animals should not be used to treat COVID-19 in humans.

**ACE Inhibitors and ARBs**

There is interest in the potential role of ACE-inhibitors and angiotensin receptor blockers (ARBs) in the pathophysiology of this disease since the SARS-CoV-2 virus binds to the ACE2 receptor for cellular entry. However, current guidance from cardiology organizations (i.e. ACC/AHA/HFSA) state that there is not enough evidence to recommend for or against these medications in the setting of the COVID-19 pandemic.

- The HFSA, ACC, and AHA recommend continuation of RAAS antagonists for those patients who are currently prescribed such agents for indications for which these agents are known to be beneficial, such as heart failure, hypertension, or ischemic heart disease.
- In the event patients with cardiovascular disease are diagnosed with COVID-19, individualized treatment decisions should be made according to each patient’s hemodynamic status and clinical presentation. Therefore, be advised not to add or remove any RAAS-related treatments, beyond actions based on standard clinical practice.

**NSAIDs**

The FDA is aware of news reports stating the use of non-steroidal anti-inflammatory drugs (NSAIDs) could worsen coronavirus disease (COVID-19). However, there is no scientific evidence to support these claims to date. The agency is investigating this issue and currently does not have any specific recommendations to withhold NSAID therapy in these patients. The European Medicines Agency has also issued guidance that there is not enough data to recommend avoiding NSAIDS in COVID patients.

**COVID AND CO-INFECTION**

Although the exact incidence of co-infection with bacterial pathogens among patients with COVID-19 is unknown, current data suggests it is uncommon (<5%). Empiric antibiotic therapy in patients with confirmed COVID is not recommended in the absence of highly suspected or confirmed bacterial co-infection.

**Management of Influenza Co-Infection**

At times of co-circulation of influenza and COVID, hospitalized patients should be started on empiric treatment for influenza with oseltamivir as soon as possible, then antiviral treatment can be tailored based on influenza and COVID testing results.
For patients with influenza and COVID co-infection, consultation with an Infectious Disease is recommended. Given the benefit of dexamethasone on reducing mortality for patients with severe COVID disease, use should be considered along with the risks and benefits in a co-infected patient. The role of dual antiviral therapy is unknown, but the combination of oseltamivir and remdesivir is not expected to be detrimental.

**RESPIRATORY TREATMENTS**

Inhaled medications can be delivered either by Metered Dose Inhalers (MDIs) or by nebulization; when delivered by nebulization, these can be aerosol generating. For COVID positive or patients suspected to have COVID, the use of MDIs is preferred when / if available. Collaboration and communication between physician, nursing, respiratory and pharmacy colleagues is necessary to reduce the risk of aerosolizing respiratory secretions induced through nebulization. Please refer to the COVID-19 Patients and Inhaled Respiratory Meds and ED and Urgent Care Inhaled Respiratory Medications for COVID Patients documents on the Trinity Health COVID Resource page.

**PATIENT POSITIONING**

- For non-intubated patients, please see the "Prone Positioning for the Non-intubated Patient" reference on the Trinity Health COVID site.
- For intubated patients, please see the guidance for "Prone Positioning of the Mechanically Ventilated Patient"

**USE OF NEUROMUSCULAR BLOCKER AGENTS AND CONSERVATION**

Neuromuscular blockade (NMBA) is implemented when needed to facilitate mechanical ventilation for treatment of moderate or severe acute respiratory distress syndrome (ARDS). The historical supply shortages with these agents has been augmented by the surge in demand due to treatment of COVID-19. Conservation methods are necessary to avoid complete exhaustion of drug supply.

The Society of Critical Care Medicine (SCCM) does not recommend routine use of continuous infusion of neuromuscular blockade for all mechanically ventilated patients or for treatment of mild ARDS. For mechanically ventilated patients and with moderate to severe ARDS, the recommendation is as follows:

**SCCM Recommendations:**

1. For mechanically ventilated adults with COVID-19 and moderate to severe ARDS: We suggest using, as needed, intermittent boluses of neuromuscular blocking agents (NMBA), over continuous NMBA infusion, to facilitate protective lung ventilation (weak recommendation, low-quality evidence).
2. In the event of persistent ventilator dyssynchrony, the need for ongoing deep sedation, prone ventilation, or persistently high plateau pressures, we suggest using a continuous NMBA infusion for up to 48 hours (weak recommendation, low-quality evidence).

Below are the available Trinity Health Formulary Nondepolarizing NMBA agents, suggested dosing, and dose considerations:

<table>
<thead>
<tr>
<th>NMBA</th>
<th>Onset of Action (MIN)</th>
<th>Duration after INITIAL dose (MIN)</th>
<th>Usual Dose Range#</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cisatracurium</td>
<td>1.5 -2</td>
<td>20-35</td>
<td>Intermittent bolus dosing: 0.1 to 0.2 mg/kg/dose. Continuous infusion: Initial rate of 3 mcg/kg/min; Usual dose range of 1-10 mcg/kg/min</td>
<td></td>
</tr>
<tr>
<td>Vecuronium</td>
<td>2.3-3</td>
<td>20-40</td>
<td>Intermittent bolus dosing: 0.1 to 0.2 mg/kg/dose. Continuous infusion: Initial rate of 0.8 mcg/kg/minute; Usual dose range 0.8 to 1.7 mcg/kg/minute</td>
<td>Drug elimination varies based on renal and hepatic function.</td>
</tr>
<tr>
<td>Rocuronium</td>
<td>1-2</td>
<td>22-67 (dose dependent)</td>
<td>Intermittent bolus dosing: 50 mg initial dose followed by 25 mg dose as needed. Continuous infusion: Initial rate of 8 mcg/kg/min; Usual dose range 8-12 mcg/kg/min</td>
<td>Vagolytic action can cause dose-dependent tachycardia.</td>
</tr>
</tbody>
</table>

**USE OF NMBA FOR COVID RECOMMENDATIONS:**

1. Implement conservation strategies to mitigate NMBA drug supply exhaustion including:
   a. Limit use of NMBA agents for patients with Severe ARDS (P/F ≤ 100) or who have failed prone ventilation
   b. Attempt intermittent boluses prior to continuous infusion when appropriated based on SCCM recommendations criteria
      i. Recommend 24 hours of intermittent dosing use prior to converting to continuous infusions
ii. Local assessment with pharmacy regarding medication supply, available presentations, and dose dispensing should occur with bolus dose strategy to minimize waste
c. If continuous infusion of a NMBA is required, use the lowest dose to achieve clinical goal and reassess the need for infusion at least twice a day. If train of 4 (TOF) monitoring is used, discontinue infusion if TOF reaches 0/4 and reassess need for infusion.
   i. For obese patients (body mass index (BMI) ≥ 30 kg/m2), use ideal body when calculating NMBA doses
2. Use succinylcholine preferentially, when appropriate, for rapid sequence intubations (RSI) to preserve rocuronium supply. Ensure that a NMBA supply is available for emergent surgeries (succinylcholine or rocuronium).
3. Critical care colleagues should familiarize themselves with alternative agents, dosing, and pharmacodynamic profile in preparation for a potential need to shift to these agents based on availability. Atracurium and Pancuronium are non-formulary alternative NMBA agents. Listed below are the suggested dosing and dose considerations:

<table>
<thead>
<tr>
<th>NMBA</th>
<th>Onset of Action (MIN)</th>
<th>Duration after INITIAL dose (MIN)</th>
<th>Usual Dose Range#</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>For obese patients (BMI ≥ 30), use ideal body weight when calculating NMBA doses</td>
<td></td>
</tr>
<tr>
<td>Atracurium</td>
<td>2-3</td>
<td>20-35</td>
<td>Intermittent bolus dosing: 0.4 to 0.5 mg/kg/dose# Continuous infusion: 4 to 20 mcg/kg/minute</td>
<td>Can cause histamine release, however clinical effects unlikely. Histamine release can be reduced by slowing the rate of administration.</td>
</tr>
<tr>
<td>Pancuronium</td>
<td>2-3</td>
<td>60-100</td>
<td>Intermittent bolus dosing: 0.06 to 0.1 mg/kg/dose# Continuous infusion: 0.8 to 2 mcg/kg/minute</td>
<td>Avoid, if possible, if history of coronary artery disease. Vagolytic action and sympathetic stimulation can cause dose dependent tachycardia. Long acting agent. Dose adjustment in renal impairment.</td>
</tr>
</tbody>
</table>

**ANTICOAGULATION AND COVID RELATED COAGULOPATHY GUIDANCE**
- Patients infected with COVID-19 are at increased risk of venous thromboembolism due to hospitalization, immobilization, active infection and inflammation, and possibly due to a hypercoagulable state unique to the virus itself. Arterial thrombosis has also been reported.
- COVID-19 infected patients display multiple coagulation abnormalities which may be more prothrombotic than hemorrhagic
- Lab derangements may include elevated d-dimers, prolonged PT/PTT high fibrinogen and sometimes mild thrombocytopenia
- This document is based on expert clinical guidance and current best available information, which is still evolving. This guidance should be used in conjunction with latest evidence and patient-specific characteristics and should not supersede clinical judgment

**ANTICOAGULATION ADMISSION CONSIDERATIONS FOR HIGHLY SUSPECTED OR CONFIRMED COVID**
- Labs on admission: D-dimer, INR/PT, PTT, fibrinogen and CBC with differential
  - Elevated D-dimer is of unknown clinical significance and should not be used as a lone criterion in care decisions
- Inpatient labs every 2-3 days: CBC, PT, PTT, D-dimer, INR/PT, fibrinogen
  - If worsening parameters, consider more aggressive critical care support
  - Do not use blood products to correct non-bleeding coagulopathy
There is no evidence for use of TEG in COVID-19 patients to guide decisions regarding anticoagulation and use is **NOT** recommended

**Therapeutic Anticoagulation Prior to Admission**

- **If a patient was receiving anticoagulation therapy prior to admission for a co-morbid disease state, continue anticoagulation therapy during COVID admission if no contraindications exist**
  - Monitor renal function daily
  - Consider switching to enoxaparin or heparin infusion if severe illness, possible drug-interactions with COVID investigational therapies, inability to take PO medications or anticipated procedures

**Prevention of Venous Thromboembolism (VTE) in Highly Suspected or Confirmed COVID Patients**

- **The American Society of Hematology (ASH) guideline** suggests prophylactic-intensity over intermediate-intensity or therapeutic-intensity anticoagulation for patients with COVID-19–related illness who do not have suspected or confirmed venous thromboembolism (VTE)
- **The International Society on Thrombosis and Haemostasis** (ISTH) recommends routine thromboprophylaxis with standard-dose UFH or LMWH should be used after careful assessment of bleed risk, with LMWH as the preferred agent. VTE prophylaxis recommendations should be modified based on extremes of body weight, severe thrombocytopenia or deteriorating renal function.
- **All highly-suspected or confirmed COVID-19 patients not on anticoagulation therapy should receive VTE prophylaxis unless contraindicated (e.g., Platelet count <25-30K, active bleeding) – see Figure 1.**
- Low molecular weight heparin (enoxaparin), appropriately dose adjusted for renal function and/or weight is the preferred agent for thromboprophylaxis (see Figure 1)
  - Therapy adjustments are required for impaired renal function and/or extremes of weight (see Figure 1)
  - Fondaparinux may be used as an alternative to enoxaparin for patients with heparin induced thrombocytopenia without contraindications
- If pharmacologic prophylaxis is contraindicated, mechanical prophylaxis with intermittent pneumatic compression (IPC) should be consistently applied
- VTE prevention regimens and recommendations include pregnant COVID+ patients. Close collaboration with OB and anesthesiology is recommended in the event of delivery and/or need for epidural anesthesia during hospitalization

**Figure 1: VTE Prophylaxis**

<table>
<thead>
<tr>
<th>VTE Prophylaxis for All Hospitalized Highly-Suspected or Confirmed COVID-19 Patients Without Contraindications</th>
<th>CrCL</th>
<th>≥30 ml/min</th>
<th>29 – 10 ml/min</th>
<th>&lt; 10 ml/min</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Enoxaparin</td>
<td>Heparin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BMI less than 40</td>
<td>40 QD</td>
<td>30 QD</td>
<td>5000 U q8h</td>
<td></td>
</tr>
<tr>
<td>BMI 40 or greater</td>
<td>40 BID</td>
<td>40 QD</td>
<td>7500 U q8h</td>
<td></td>
</tr>
</tbody>
</table>
*For patients <50 kg and age >80 YO, dose adjustment to Heparin 5000 units SubQ q12 hour
If pharmacologic prophylaxis contraindicated (active bleeding, PLT <25-30K): SCDs

**Monitoring:**
CrCl and CBC: Daily for critically ill, or every 2-3 days for other hospitalized
PTT, PT/INR, D-Dimer, fibrinogen: Every 2-3 days

**Empiric Therapeutic Anticoagulation for COVID Related Coagulopathy**

- Initiation of therapeutic anticoagulation regimens without confirmed or high clinical suspicion of VTE is not recommended at this time (see ASH and ISTH references).
- Suspected VTE should be confirmed with diagnostic imaging whenever feasible if patient is stable to do so.
• Severe COVID-19 infections may be associated with significant coagulopathy. Reported microvascular thrombosis is a distinctly different entity from embolic DVT/PE and when present in other inflammatory conditions such as sepsis, which does not respond to anticoagulant therapy and bleeding risk is high.
• Currently anticoagulants are not recommended to treat suspected microvascular thrombosis. In contrast, embolic VTE, responds to anticoagulant therapy.
• In the setting of persistent clotting of lines/devices/filters despite COVID-appropriate VTE prophylaxis and worsening clinical course, intensified anticoagulation may be considered via multidisciplinary discussion with critical care attending, coagulation specialist, or others (path, heme) where available.

**EMPIRIC THROMBOLYTIC THERAPY**
• Empiric use of thrombolytic (i.e. alteplase) is NOT recommended for COVID-19 associated coagulopathy (outside of a clinical trial).
• Thrombolysis may be considered for COVID-19 patients with confirmed or high suspicion for indications specific to thrombolytic therapy (i.e.. acute ischemic stroke, PE, acute myocardial infarction).

**TREATMENT OF VENOUS THROMBOEMBOLISM (VTE) IN HIGHLY SUSPECTED OR CONFIRMED COVID PATIENTS**
• Suspected VTE should be confirmed with diagnostic imaging whenever feasible if patient is stable to do so.
• Initiate therapeutic anticoagulation (unless contraindicated) only when VTE is confirmed or clinical suspicion is high and diagnostic testing is unavailable or not feasible.
• Anticoagulation regimens that require minimal monitoring and RN exposure are preferred when possible (see Figure 2).
• The PTT may be impacted by the virus and thus not reliable in some COVID-19 patients.
  o If available, recommend a correlation is performed between PTT/Anti-FXa at the time IV Unfractionated Heparin (UFH) is started and again if significant worsening of clinical status. Discuss with local laboratory.
• Limit treatment regimens for VTE in COVID+ pregnant patients to enoxaparin or UFH. DOACs are contraindicated in pregnancy and breastfeeding.

**FIGURE 2 : THERAPEUTIC ANTICOAGULATION FOR TREATMENT OF VTE IN COVID PATIENTS**

<table>
<thead>
<tr>
<th>Preferred Treatment Regimens for Highly-suspected or Confirmed VTE</th>
</tr>
</thead>
<tbody>
<tr>
<td>CrCl</td>
</tr>
<tr>
<td>CrCl &gt; 30 ml/min</td>
</tr>
<tr>
<td>CrCl 29 – 10 ml/min</td>
</tr>
<tr>
<td>CrCl &lt; 10 ml/min</td>
</tr>
</tbody>
</table>

**THROMBOPROPHYLAXIS AND ANTICOAGULATION NURSING CONSIDERATIONS**
• Goals of care include prevention of ischemic injury and dehydration, absence of hemorrhage and restoration of homeostatic coagulation. Collaborate with pharmacist and medical staff regarding appropriate anticoagulant dose.
• Management of care include:
  o Regular assessment for signs/symptoms of bleeding
    ▪ Assess skin for hematoma or mottling; Monitor lab values; Assess capillary refill
    ▪ Assess vital signs, watching for arrhythmias, tachycardia and hypotension
  o Assess neuro status
  o Keep venipuncture to a minimum
ANTICOAGULATION DISCHARGE CONSIDERATIONS

POST HOSPITALIZATION CONSIDERATIONS FOR PATIENTS TREATED WITH THERAPEUTIC ANTICOAGULATION FOR SUSPECTED OR CONFIRMED VTE DURING COVID ADMISSION

- If acute VTE was confirmed during admission, continue therapeutic anticoagulation at least 3 months then re-assess.
- If VTE was unconfirmed & treated empirically for a patient with high suspicion, continue therapeutic anticoagulation for at least 3 months then re-assess.

POST HOSPITALIZATION CONSIDERATIONS - VTE PROPHYLAXIS

- Severely ill COVID-19 patients may experience prolonged hospital stay, significant deconditioning, post-ICU syndrome and thus may not fully recover to baseline mobility or health status by time of discharge. Patients being discharged from the Emergency Department (ED) with confirmed COVID-19 diagnosis may also be at risk for VTE.
- While no data specific to COVID-19 exist, extended prophylaxis with LMWH or with direct oral anticoagulants (DOACs) in non-COVID-19 patients can reduce the risk of VTE, at the cost of increase in bleeding events, including major bleeding.
- Each COVID-19 patient should have a careful risk assessment on a case-by-case basis based on the presence ongoing risk factors for VTE at the time of discharge.
- VTE prophylaxis beyond discharge from the hospital, may be reasonable on a case-by-case basis and may include COVID-19+ patients who have:
  - Diminished mobility / weakness
  - Active cancer
  - An ongoing inflammatory state
- Patients considered to be at significant continued risk for VTE AND without elevated bleeding risk factors should be considered (no data exists) for:
  - Short-term use (up to 14 days) of prophylactic dose LMWH or DOAC (dose based on weight, renal function, and drug interaction screening).
- Prophylaxis dosing with enoxaparin or DOAC for up to 14 days and re-evaluation after beyond hospitalization may be reasonable in appropriately selected patients with reduced mobility and increased thrombotic risk factors
  - Patient education on the potential bleeding risk and expected benefit is required prior to prescribing post-discharge VTE prophylaxis.
- For those patients admitted for treatment of COVID-19 who may have been on thromboprophylaxis for conditions that existed prior to admission, consider transition back to the previous regimen (consider changes in renal function) post-hospitalization (if the pre-hospitalization condition still exists).
COVID VTE Treatment Risk and Treatment Algorithm

**Clinical Suspicion for VTE**

- **VTE unlikely** (Wells score PE ≤ 4, DVT < 2)
  - Continue VTE prophylaxis with close monitoring for further signs and symptoms of VTE
  - Consider discharge on VTE prophylaxis for up to 14 days (see Discharge Considerations)

- **Wells score elevated**¹ (PE >4 or DVT ≥ 2) & **clinical picture** (acute change in oxygenation)
  - Low risk for bleeding (VTE-BLEED Score ≥ 2)
    - VTE (-)
    - VTE treatment

- **VTE likely** (Wells Score PE >4, DVT ≥ 2)
  - Assess VTE-BLEED score²
    - High risk for bleeding (VTE-BLEED Score ≥ 2)
      - Consider PE CT or LE DVT scan as per clinical suspicion
      - Continue current management
      - Consider VTE prophylaxis if not already on

- **VTE (+) or presumptive**
  - For presumptive VTE therapy, arrange for PE CT or LE DVT scan when clinically appropriate and treat accordingly
  - Discharge with therapeutic anticoagulation and follow-up as appropriate

**COVID VTE protocol exclusion criteria**
If yes to any of these criteria, no further studies should be performed. Otherwise, continue algorithm
- Patient is end of life or comfort care
- VTE imaging would not change management
- Patient would not consent to therapeutic anticoagulation
- Patient already has dx of VTE from another study or other indications for therapeutic anticoagulation

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a. See Figure 2. Enoxaparin preferred to IV UFH to minimize need for lab monitoring and RN exposure.
b. If imaging can’t be done but suspicion for VTE is high, may consider cautious use of presumptive therapeutic anticoagulation with close monitoring for bleeding
### Modified Wells Score for Assessment of Clinical Likelihood of VTE

*Not validated in COVID but no other score available*

<table>
<thead>
<tr>
<th>PE Criteria</th>
<th>Pt</th>
<th>DVT Criteria</th>
<th>Pt</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical signs and symptoms of DVT (objectively measured calf swelling and pain with palpation in the deep vein region)</td>
<td>3</td>
<td>Active cancer (patient receiving treatment for cancer within the previous 6 months or currently receiving palliative treatment)</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Paralysis, paresis, or recent casting or immobilization of the lower extremities</td>
<td>1</td>
</tr>
<tr>
<td>An alternative diagnosis is less likely than PE</td>
<td>3</td>
<td>Recently bedridden for 3 days or more, or major surgery within the previous 12 weeks requiring general or regional anesthesia</td>
<td>1</td>
</tr>
<tr>
<td>Heart rate &gt; 100 beats per minute</td>
<td>1.5</td>
<td>Localized tenderness along the distribution of the deep venous system</td>
<td>1</td>
</tr>
<tr>
<td>Immobilization or surgery in the previous four weeks</td>
<td>1.5</td>
<td>Entire leg swollen</td>
<td>1</td>
</tr>
<tr>
<td>Previous DVT or PE</td>
<td>1.5</td>
<td>Calf swelling at least 3 cm larger than that on the asymptomatic side (measured 10 cm below the tibial tuberosity)</td>
<td>1</td>
</tr>
<tr>
<td>Malignancy (on treatment, treated in the past six months, or palliative care)</td>
<td>1</td>
<td>Pitting edema confined to the symptomatic leg</td>
<td>1</td>
</tr>
<tr>
<td>OR acute change in O2 req</td>
<td></td>
<td>Alternatively diagnosis at least as clinically likely as DVT</td>
<td>-2</td>
</tr>
</tbody>
</table>

### VTE-BLEED Score

<table>
<thead>
<tr>
<th>Factor</th>
<th>Score</th>
<th>Other factors that contribute to bleeding:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active cancer</td>
<td>2</td>
<td>• Thrombocytopenia</td>
</tr>
<tr>
<td>Male with uncontrolled arterial hypertension</td>
<td>1</td>
<td>• Cirrhosis</td>
</tr>
<tr>
<td>Anemia</td>
<td>1</td>
<td>• Other anti-thrombotic use (e.g. aspirin, clopidogrel, ticagrelor)</td>
</tr>
<tr>
<td>History of bleeding</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Age ≥ 60 years old</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Renal dysfunction</td>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>

### Anticoagulation References:


15. [https://rdvcu.gilead.com/](https://rdvcu.gilead.com/)


35. Veiga et al. Effect of tocilizumab on clinical outcomes at 15 days in patients with severe or critical coronavirus disease 2019: randomised controlled trial; bmJ 2021;372:n84; doi: [https://doi.org/10.1136/bmj.n84](https://doi.org/10.1136/bmj.n84)

36. Tocilizumab in patients admitted to hospital with COVID-19 (RECOVERY): preliminary results of a randomised, controlled, open-label, platform trial. RECOVERY Collaborative Group. medRxiv 2021.02.11.21249258; doi: [https://doi.org/10.1101/2021.02.11.21249258](https://doi.org/10.1101/2021.02.11.21249258)


73. Peter Horby, Wei Shen Lim, Jonathan Emberson, Marion Mafham, Jennifer Bell, Louise Linsell, Natalie Staplin, Christopher Brightling, Andrew Ustianowski, Einas Elmahi, Benjamin Prudon, Christopher Green, Timothy Felton, David Chadwick, Kanchan Rege, Christopher Fegan, Lucy C Chappell, Saul N Faust, Thomas Jaki, Katie Jeffery, Alan Montgomery, Kathryn Rowan, Edmund Juszczyk, J Kenneth Baillie, Richard Haynes, Martin J Landray, RECOVERY Collaborative Group medRxiv 2020.06.22.20137273; doi: https://doi.org/10.1101/2020.06.22.20137273

**Version History**

<table>
<thead>
<tr>
<th>Version Date</th>
<th>Revisions Made</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/30/2020</td>
<td>Updated Remdesivir compassionate use information.</td>
</tr>
<tr>
<td>Date</td>
<td>Changes</td>
</tr>
<tr>
<td>-----------</td>
<td>------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>4/4/2020</td>
<td>Updated to reflect new FDA released FACT SHEET FOR HEALTH CARE PROVIDERS and expanded information in 'Use of Hydroxychloroquine: Patient Selection, Dosing, and Monitoring'' section</td>
</tr>
<tr>
<td>4/28/2020</td>
<td>Added reference to FDA Drug Safety Communication that cautions against use of hydroxychloroquine or chloroquine for COVID-19 outside of the hospital setting or a clinical trial due to risk of heart rhythm problems. Added information on Discharging Patients on Hydroxychloroquine</td>
</tr>
<tr>
<td>05/4/2020</td>
<td>Added outpatient pharmacotherapy guidance.</td>
</tr>
<tr>
<td>05/6/2020</td>
<td>Updated patient categories and therapy guidance for Remdesivir and Hydroxychloroquine. Includes updates for Remdesivir based on FDA emergency use authorization for Remdesivir.</td>
</tr>
<tr>
<td>05/13/2020</td>
<td>Recommendation added to limit use of triple antiviral therapy and interferon beta to use in a clinical trial only</td>
</tr>
<tr>
<td>5/20/2020</td>
<td>Updated recommendations on use of Remdesivir in renal impairment and duration of therapy. Nursing considerations comment added.</td>
</tr>
<tr>
<td>5/28/2020</td>
<td>Hydroxychloroquine no longer recommended</td>
</tr>
<tr>
<td>6/4/2020</td>
<td>Revised criteria for use of IL-6 inhibitors</td>
</tr>
<tr>
<td>6/16/2020</td>
<td>Information regarding FDA revocation of emergency approval of Hydroxychloroquine added. Remdesivir information updated with revised warnings for drug interactions and hypersensitivity and anaphylactic reactions.</td>
</tr>
<tr>
<td>6/24/2020</td>
<td>Addition of recommendation for dexamethasone/corticosteroid therapy for patients requiring oxygen therapy</td>
</tr>
<tr>
<td>7/13/2020</td>
<td>Convalescent Plasma guidance is updated and added to guidance document. Updated IL-6 section with results of sarilumab trial. NMBA guidance incorporated into the document. Addition of recommendation for glucose monitoring with corticosteroid use.</td>
</tr>
<tr>
<td>8/27/2020</td>
<td>Removal of option to extend Remdesivir duration from the recommended 5 day to a 10-day duration.</td>
</tr>
<tr>
<td>9/14/2020</td>
<td>Information added on new FDA EUA for convalescent plasma. Remdesivir EUA information updated to reflect the expansion of EUA to all hospitalized patients. Updated IL-6 information; routine use of IL-6 agents is not recommended based on new data. Co-infection (bacterial and influenza) recommendations added.</td>
</tr>
<tr>
<td>9/22/2020</td>
<td>Remdesivir treatment for suspected or confirmed non-severe disease updated &quot;Remdesivir is recommended for hospitalized patients not requiring supplemental oxygen with clinical symptoms of COVID -19 and a positive molecular (PCR) test&quot;</td>
</tr>
<tr>
<td>10/6/2020</td>
<td>Corticosteroid guidance updated with IDSA recommendations.</td>
</tr>
<tr>
<td>10/27/2020</td>
<td>Remdesivir EUA information for adults removed; Remdesivir FDA approved package insert information and updated monitoring (including addition of PT to daily labs) added. Updated influenza co-infection information to include empiric oseltamivir use pending testing results.</td>
</tr>
<tr>
<td>11/23/2020</td>
<td>Clarification that patients deemed stable for discharges should not be held in the hospital to complete a 5-day course of Remdesivir. Addition of monoclonal antibody EUA approval information. Addition of JAK inhibitor/Baricitinib EAU information.</td>
</tr>
<tr>
<td>12/3/2020</td>
<td>Update to Convalescent plasma recommendation and associated new publications.</td>
</tr>
<tr>
<td>12/10/2020</td>
<td>Update to Remdesivir recommendations and associated new publications.</td>
</tr>
<tr>
<td>1/26/2021</td>
<td>Update to IL-6 Inhibitor recommendation and associated new publications. Addition of Ivermectin recommendation.</td>
</tr>
<tr>
<td>2/18/2021</td>
<td>Update of Bamlanivimab administration information and addition of Bamlanivimab and Etesevimab to monoclonal antibody options. Revision of IL6 recommendation.</td>
</tr>
<tr>
<td>3/19/21</td>
<td>Update of Monoclonal Antibody section to provide guidance on impact of variants on product selection.</td>
</tr>
<tr>
<td>Date</td>
<td>Update Description</td>
</tr>
<tr>
<td>------------</td>
<td>------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>4/30/21</td>
<td>Update to Convalescent Plasma guidance to consider use of high-titer only for patients with impaired immunity.</td>
</tr>
<tr>
<td>5/25/21</td>
<td>Update to definition of high risk for disease progression for monoclonal antibody therapy</td>
</tr>
<tr>
<td>6/9/21</td>
<td>Updated Casirivimab and Imdevimab (REGEN-COV™) dose and route options. Updated recommendation for Immunomodulators in severe disease: either Tocilizumab or Baricitinib in addition to corticosteroids for patients not requiring mechanical ventilation.</td>
</tr>
<tr>
<td>8/9/21</td>
<td>Updated Casirivimab and Imdevimab links to the revised Emergency Use Authorization (EUA) and Fact Sheets. Inserted link to new guidance for Casirivimab and Imdevimab use for post-exposure prophylaxis. Updated Baricitinib guidance to reflect new EUA that authorizing use as a stand alone treatment instead of only in combination with Remdesivir</td>
</tr>
<tr>
<td>9/7/21</td>
<td>Removed Convalescent Plasma from recommendations; updated Bamlanivimab and Etesevimab recommendation to include use for areas approved by the FDA where the combined frequency of variants resistance does not exceed 5%; Added IV Sarilumab as an alternative IL-6 inhibitor if tociluzimab is not available, and tofacitinib as an alternative JAK inhibitor if baricitinib is unavailable; Revised VTE prophylaxis recommendations for use of standard prophylaxis dose instead of moderate dose</td>
</tr>
<tr>
<td>9/24/21</td>
<td>Updated to reflect EUA changes for Bamlanivimab and Etesevimab prophylactic use post high risk exposure.</td>
</tr>
</tbody>
</table>