Transforming Communities Initiative (TCI)
TCI was launched to advance community partnerships that focus on improving the health and well-being in communities served by the Ministries of Trinity Health. Trinity Health is one of the largest multi-institutional Catholic health care delivery systems in the nation, serving in 22 states. TCI is an innovative funding model and technical assistance initiative supporting eight communities using policy, system, and environmental (PSE) change strategies to prevent tobacco use and childhood obesity, as well as address social determinants of health.

Results and outcomes
- Increased motivation, cohesiveness and accountability
- New focus on policy change rather than programs at partner sites
- Increased collaboration with schools to improve food and beverage choices and increasing physical activity
- Creation of economic opportunity through food system development through partnerships with local communities
- Creation of safe places for children to play, enhancing local neighborhoods
- Continued community efforts to reduce tobacco use.

Eight communities are using policy, system and environmental change strategies to improve health as part of TCI

Six evidence based strategies to accelerate community health improvement

- Tobacco 21 policy, which raises the minimum age to buy tobacco to 21 years
- Public school wellness policies addressing nutrition and physical activity
- Nutrition standards in early childhood settings, such as Head Start programs and daycare centers
- Breastfeeding policies, including support of workplace efforts
- Complete Streets plans that improve roads and infrastructure to promote safe use by all users
- Community food access

Fresno, CA*
Boise, ID
Maywood, IL
Syracuse, NY
Springfield, MA
Hartford, CT*
Trenton, NJ
Silver Spring, MD

*Fresno and Hartford were awarded in June 2016 at a lower funding level.
TCI strategies overview

<table>
<thead>
<tr>
<th>Strategies</th>
<th>FCHIP</th>
<th>Healthy Montgomery</th>
<th>Live Well Springfield</th>
<th>Promise Partnership</th>
<th>Proviso Partners for Health</th>
<th>TCI Syracuse</th>
<th>Trenton Health Team</th>
<th>Well Being 360</th>
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*Tobacco 21 passed. *Legislation passed in California prior to the launch of TCI.

Tobacco 21 policy efforts
- All sites focused on Tobacco 21 policy advocacy and/or implementation navigating local, county, and state jurisdictions
- TCI efforts helped pass seven state, county and/or local Tobacco 21 policies
  - Maywood, Illinois
  - Springfield, and statewide in Massachusetts
  - Onondaga County, N.Y.
  - Trenton, and statewide in New Jersey
  - Hartford, Connecticut

Childhood obesity prevention and reduction efforts
- Community assessment and action planning focused on improving public school policy and environment
- Nutrition and physical activity policy and practice assessments.
- Engagement of local school and district staff at multiple sites
- Focus on cross-site coordinated work to promote school wellness in 2018
- Built environment improvements following baseline assessments in partnership with community members
- Introduction of resources to increase physical activity, including bike shares and bike racks
- Development of policy and environmental changes in early childcare settings as well as community food access

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